



MASS DRILL
For the 2019 National Festival
Ft. Wayne Turners



Music: St. Louis Blues
Previously used at the 1999 National Festival at Concordia Turners
Choreographed by Janice Rodgers of Concordia Turners

Begin with feet together, facing front, arms down at sides.
4 count introduction – hold

Part 1

- Count 1-2 Arms swing in, cross in front of body, swing out. Dip knees slightly down and up.
- Count 3-4 Swing arms in and around (outward arm circle) and down to side. Step out with left foot on count 4. End with feet shoulder width apart.
- Count 5 Bring arms up and out to side. (T position)
- Count 6 Bring arms straight up overhead.
- Count 7 Bring arms back down to T-position.
- Count 8 Arms close down to side, close left foot in to right.

Part 2

- Count 1-2 Quick step out to side with left foot, close right foot to left (on ½ count), step out left. End with feet shoulder width apart.
- Count 3 Bend upper body to left side. Stretch right arm up and over head, left arm comes across body and out to right side
- Count 4 Bring upper body back to front center, arms out to T-position.
- Count 5-6 Dip torso forward twice, arms out at side, palms down
- Count 7 Dip backward, head back, palms up.
- Count 8 Close left foot to right. Bring arms down to side.

Repeat part 2 to the right side. Reverse all arm and leg positions.

Part 3 (double time, quick tempo, arms remain at sides)

- Count 1-4 March in place, left, right, left right
- Count 5-6 Step forward left, keeping feet in place, pivot on toes to the back.
- Count 7-8 Step forward left, pivot on toes to the front. (Left foot will still be in the rear.)
- Counts 9-16 Repeat counts 1-8.

Part 4

- Count 1 Step out to left, feet shoulder width apart. Raise arms to high V-position.
Count 2 Close right foot to left, moving to the left. Arms drop down to sides.
Count 3-4 Repeat counts 1 and 2.
Count 5 Lung, left leg forward, to the left front angle (45 degrees). Bring arms out to side (T-position).
Count 6 Raise arms straight up over head.
Count 7 Bring arms back to side T-position.
Count 8 Lower arms to sides, close left foot in to right. Finish facing front.

Repeat part 4 to the right. Reverse all arm and leg positions.

Part 5

- Count 1-2 Chasse to the left. Arms cross down in front of body. Circle arms outward, end with arms all the way down at sides.
Count 3 Cross right foot over left.
Count 4 Step left foot out, end with feet shoulder width apart.
Count 5 Lean to the left, bending left knee. Bend left arm up in front across body. Right arm straight out to right side.
Count 6 Switch weight to the right, bending right knee, lean to right. Switch arms.
Count 7 Switch back to the left. Switch arms. (Same as count 5)
Count 8 Close left foot in to right. Bring arms down to sides. End facing front.

Repeat Part 5 to the right. Reverse all arm and leg positions.

Part 6

- (Double time, quick tempo)
Count 1-2 Point left toe out forward, bring back in, close.
Count 3-4 Point right toe out forward, bring back in, close.
Count 5 Step back onto left leg, lung right, facing right. Left arm punches across body and out to right side. Right arm bends, fist comes to waist on right side.
Count 6 Close left leg in to right. Face front. Bend left arm, fist comes to waist on left side.
Count 7-8 Repeat count 5 and 6 to the other side. (Step back onto right leg, lung left, facing left...)
Counts 9-12 Repeat counts 1-4.
Counts 13-16 March in place – Left, right, left, right.

Part 7

- Count 1 Step forward onto left foot. Raise right arm straight up (in front of body) to over head.
Count 2 Keeping feet in place, pivot on toes to face the back. Lower right arm down. Raise left arm over head.
Count 3 Close left foot in to right foot. Switch arms. (Right up, left down)
Count 4 Lower right arm.

- Count 5 Step out to side on left foot, body facing front. Raise both arms to chest, elbows out, arms bent and parallel to the ground.
- Count 6 Straighten arms out to side (T-position).
- Count 7 Close left foot in to right. Raise left arm sideward, up and overhead. Lower right arm, sideward down.
- Count 8 Lower left arm sideward, down.

Repeat Part 7 to the right side. Reverse all arm and leg positions.

Part 8

- Count 1 Step out to side on left foot, body facing front. Bend down forward to left side. Both hands touch left toe.
- Count 2 Reach between legs. Both hands touch middle.
- Count 3 Both hands touch right toe.
- Count 4 Raise up. Fists come to waist.
- Count 5 Raise both arms to chest, elbows out, arms bent and parallel to the floor.
- Count 6 Straighten arms out to side (T-position).
- Count 7 Raise arms up to high V-position. Raise left foot off floor and out to side (45 degree angle to floor). Balance weight on right leg.
- Count 8 Close left foot in to right. Lower arms down to sides of body.

Repeat Part 8 to right side. Reverse all arm and leg positions.

Part 9

- Count 1 Step out left, body facing front. Windmill right hand to left foot.
- Count 2 Straighten up, arms straight out sideward (T-position).
- Count 3 Windmill left hand to right foot.
- Count 4 Straight up, arm out sideward.
- Count 5 Bend arms in, elbows outward, arms parallel to the floor.
- Count 6 Straighten arms back out to T-position.
- Count 7 Bring arms down and cross in front of body, dip knees slightly.
- Count 8 Circle arms outward and down to sides. Jump to a close.

Part 10

- Count 1 Pivot ¼ turn to the left on right foot. Lift left leg slightly out in front of body. Bring arms up in front of body to high angle. Keep arms parallel to each other, palms in.
- Count 2 Step forward on left leg into a lung facing side wall.
- Count 3-4 Swing right arm down in front of body and up to high angle on right. Rotate body to the front. End in straddle position, arms in high V's.
- Count 5 Swing arms down and cross in front of body. Dip upper body forward.
- Count 6 Swing arms back out to side.
- Count 7 Swing arms down, cross in front of body.
- Count 8 Circle arms outward and down to sides. Straighten body up. Jump to a close.

- Count 9-10 Step back with the left foot into a curtsy position, head down. Arms stay in close to body. Raise arms slightly behind body, parallel to the floor. Hold.
- Count 11-12 Straighten upright, extending left leg out behind you, raise left leg slightly off the floor. Balance weight on right leg. Bring arms straight up to a high angle in front. Keep arms parallel to one another, palms inward. Hold.
- Count 13-14 Repeat counts 9 and 10.
- Count 15 Raise back up to extension position (count 11).
- Count 16 Close left leg in to right. Lower arm straight down in front.
- Count 1&2 Grapevine step to the left – Step left, cross behind right, step left. Circle arms down, cross in front of body and outward then back down to sides.
- On ½ count Bend right knee, bring right foot up next to left knee.
- Count 3-4 Grapevine step to the right side, bring arms up from sides, circle inward, cross in front of body, end with arms down at sides.
- On ½ count Bend left knee, left foot up next to right knee.
- Count 5 Place left foot down out to left side, feet shoulder width apart. Raise left arm straight out to side position. Bend right arm in front of body, elbow out, arm parallel to the floor, palms down.
- Count 6 Raise both arms straight up over head.
- Count 7 Lower right arm out to side position. Bend left arm in across body, elbow out, arm parallel to the floor.
- Count 8 Close left leg in to right. Bring arms down to sides.

Repeat Part 10 to the right side. Reverse all arm and leg positions.

Part 11 (Double time, quick tempo)

- Count 1 Step back onto left foot, straddle stance, turn ¼ to left side. Raise arms up to side T-position.
- Count 2 Raise arms up over head.
- Count 3 Lower arms back to T-position.
- Count 4 Lower arms down to sides.
- Count 5 Close right foot to left, ¼ turn to back. Raise arms straight out in front of body, chest height, arms parallel to the ground, palms in.
- Count 6 Raise arms straight up over head.
- Count 7 Lower arms back to chest height in front of body.
- Count 8 Lower arms down to sides.
- Count 9-16 Repeat counts 1-8. (Step back left, ¼ turn left... Complete full circle. Finish facing front.)

Part 12

- Count 1-2 Step out left into a lung, face left side. Bring left arm up to high angle in front of body, right arm comes to low angle behind body.
- Count 3-4 Circle right arm down and up to meet left arm.
- Count 5-6 Complete arm circle around and back down. Finish with right arm back in low angle position behind body.
- Count 7 Close left foot in to right. Turn to front. Close arms down to sides.
- Count 8 Hold.
- Count 9-16 Repeat to the right side.

Part 13

- Count 1-2 Step forward left. Bend right arm slightly across body. Left arm swings slightly out and back to low rear angle.
- Count 3-4 Charleston kick right leg forward. (Reverse arms) Left arm bends in slightly across front of body. Right arm swings slightly out and back to low angle.
- Count 5-6 Bring right foot in. Step right. Reverse arms.
- Count 7-8 Swing left leg back behind body, touch ball of left foot back behind body, bend right knee slightly (Charleston kick to rear.)
- Count 9 Step forward on to left foot.
- Count 10 Keeping feet in place, pivot on toes to face back.
- Count 11-12 Repeat counts 9 and 10.
- Counts 13-16 March in place (L-R-L-R)
- Count 1 Jump to straddle stance. Arms come up sideward to high V-position.