

NATIONAL TURNFEST RULES

(NATIONAL FESTIVAL RULES)

OF THE

AMERICAN TURNERS



FOUNDED 1848

REVISED: August, 2026

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ORGANIZATION AND MANAGEMENT
OF THE AMERICAN TURNERS**

REVISED 2026

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DEFINITIONS:

NHPEC: National Health & Physical Education Committee
NCEC: National Cultural Education Committee

For additional description and/or details of individual events in this Rulebook please refer to the Supplemental Handbook. The Supplemental Handbook shall be distributed in the year of a Festival with the most current information pertaining to rule changes, skill requirements, etc.

Logo Requirements:

The American Turners logo officially representing our National Turnfest shall consist of the registered discobolus (disc thrower), encircled with the registered trademark of wording and shading; stating the words “AMERICAN TURNERS”; *extended* by another encirclement of wording stating:

1. NUMBER OF YEARS OF NATIONAL TURNFEST
2. YEAR OF FESTIVAL
3. NAME OF HOST SOCIETY, and
4. CITY AND STATE OF LOCATION

Colors to be red and white, or red and gold.

For example: “50th NATIONAL TURNFEST 1999 CONCORDIA, ST. LOUIS, MO”

**NATIONAL TURNFEST RULES
OF THE
AMERICAN TURNERS**

**PART I
Organization and Management**

**ARTICLE 1
FUNDING, ACCOUNTING & FINANCIAL REPORTING**

The starting point for all National Turnfest is the preparation of a contract between the American Turners and the Turner Society that has been awarded the Turnfest by the American Turners National Council. A required approved addendum to the contract is a budget in support of the total Turnfest estimated cost that has been incorporated within the body of the contract. The net cost of the National Turnfest is fully paid from the American Turners Turnfest Fund. The budget breaks down the estimated net cost into major categories, for financial reporting and accounting purposes, to arrive at the estimated new cost. A sample contract is attached as Exhibit I. A sample budget is attached as Exhibit II. Additional categories may be added as needed or deleted if not needed.

That National Office shall provide the Treasurer of the Local Turnfest Committee with a debit card that is directly linked to the National Turnfest checking account. The debit card is to be used only for Turnfest expenditures under \$1,000.00. The National Office shall pay all expenditures over \$1000.00. It is the responsibility of the Treasurer of the Local Turnfest Committee to be sure that all disbursements are approved in accordance with the requirements of the contract and to prepare and distribute the financial reports and documents as specified. It is the responsibility of the Chairperson of the Local Committee to be sure that expenditures do not exceed the limits as agreed on in the contract and budget. The Turner National office and the National Turnfest Auditor are responsible for reviewing the major expenditures and the local Society's monthly financial reports, to be sure that the Local Committee keeps its expenditures within the terms of the contract and budget.

It is the responsibility of the National Treasurer to write checks for major expenditures (as provided for in the contract and budget) directly from the National Turnfest Fund. The National Treasurer also writes occasional minor checks to reimburse the Turnfest expenses of the National Chairpersons of the Cultural and Physical Education Committees directly from the National Turnfest Fund. Any disbursements made directly from the Turnfest Fund is reported to the National Turnfest Auditor each month.

The National Turnfest Auditor works with the National office and the Local Turnfest Committee in drawing up the Turnfest contract and budget. He/she is also responsible to set up worksheets in order to compile consolidated financial reports derived from the records maintained by the Treasurer of the Local Turnfest Committee and the National Treasurer. He/she is to review the monthly bank reconciliation of the Local Turnfest Treasurer and review the expenditures for accuracy, proper approvals and compliance with the contract and budget. Any discrepancies must immediately be brought to the attention of the Local Turnfest Committee and the National office. At the end of the Turnfest he/she is to review all the accounting records and bank statements from both the Local Turnfest and the National Treasurer and prepare final financial reports from the audited Treasurer's records and his/her own worksheets. He/she must determine the amount due to the Local Society for its share of the net revenue items as specified in the contract and budget and wind up by preparing a final comparative Turnfest financial report that compares actual amounts to the budget amounts.

**AMERICAN TURNERS 53rd NATIONAL TURNFEST
EXHIBIT I – SAMPLE CONTRACT**

CONTRACT AGREEMENT

For the purpose of sponsoring and promoting the 53rd National Turnfest of the American Turners to be conducted in ____ (city) ____, ____ from ____ through ____, 20 __, this contract/agreement has been entered into between the National Council of the American Turners (National) and the ____ (Turner Society) ____ of ____ (city) ____, ____ (state) ____.

TO WIT:

(Part 1) For purposes of determining an anticipated budget of financial expenditures and receipts for the above named Turnfest, the attached projected budget has been accepted and agreed to by all parties to the contract/agreement.

Realizing that deviations from any projected budget may become necessary, it is agreed by all parties that ____ (Society) ____ can, in their promotion of this Turnfest, deviate from the attached net budgeted expenditure of \$ ____ but not in excess of 5% without prior consultation and agreement with the Executive Committee. It is further agreed that ____ (Society) ____ may deviate from the category (ie. Facilities, rental equipment, awards, etc.) budget figures, but not in excess of 10% of any figure shown in the attached budget. The net total of such deviations shall not exceed 5% as aforementioned, without prior consultation and agreement with the Executive Committee.

(Part 2) All contracts entered into by ____ (Society) ____ with any third party must be approved and ratified by the National before becoming binding upon the American Turners.

(Part 3) American Turners Turnfest Fund:
Turnfest Accounting Procedures, etc.:

The National shall transfer monies from the “American Turners National Turnfest Fund” account into the “National Turnfest Checking Account” when, in the opinion of the National, these transfers of monies are necessary for the promotion of the 53rd National Turnfest.

To provide an accurate accounting for the 53rd National Turnfest all expenditures required in promoting and conducting business for this Turnfest are to be made by check or debit card associated with the National Turnfest Checking Account. Any single expenditure of \$1,000.00 or more shall be made directly from the National office from the Turnfest Fund account. Expenditures under \$1,000.00 shall be made with a debit card provided by the National Office to the host Society and not from any account of the ____ (Society) ____ or any other account. Purchases using the debit card shall be approved by the Treasurer of the Local Turnfest Committee.

All revenues derived from activities directly related to the 53rd National Turnfest, as covered in this contract, shall be immediately deposited intact in this “National Turnfest Checking Account” and into no other account. These sources of revenue shall include receipts from registration and entry fees, late fees, admissions to Turnfest events, donations and such other receipts as mutually agreed to by all parties to this agreement.

Book records of cash receipts and disbursements shall be kept so that monthly reports showing monthly and accumulated to-date figures can be prepared. This monthly report will also show the bank balance at the beginning of the month and at the end of the month. The month end bank statement balance shall be reconciled to the monthly report. This monthly report must be approved by the 53rd Turnfest Chairperson and the Society President of ____ (Society) ____ and forwarded to the American Turners National Office on a quarterly basis.

Following the close of the 53rd National Turnfest, and after full and proper accounting, reporting, and auditing, the NET PROFIT derived from any income producing sources of the 53rd National Turnfest is to be given to the American Turners. The host Society's portion of such profits shall not be paid until all awards, audits and other Turnfest related business has been satisfactorily completed. The Budget with the "actual" column completed and an audit of the 53rd National Turnfest income and expenditures is to be completed and turned into the American Turners National Office prior to December 31, 20__.

(Part 4) It is further agreed that all supplies and equipment purchased for this 53rd National Turnfest shall be the property of the American Turners, and forwarded to them following the Turnfest; or, if agreed to by the National, such property may be disposed of by sale. The proceeds of such sales are to be credited to the cost of equipment purchases for the Turnfest.

Any revenue or costs related to the Turnfest Banquet and other SOCIAL functions, entertainment, meals served or bar sales provided by __ (Society) __ and any sales of souvenirs and Ad Book during the period of the 53rd National Turnfest shall be the full responsibility of __ (Society) __ and any net proceeds or losses related to these functions shall be retained 100% by __ (Society) __. Receipts and expenditures from these activities shall not be entered into the "National Turnfest Checking Account" described above, except for monies received via PayPal. Any requests for sponsorships or grants are the responsibility of the __ (Society) __.

(Part 5) It is further agreed that __ (Society) __ will arrange for adequate public liability and theft insurance to cover all Turnfest sites and for participants for the period of the 53rd National Turnfest. The National shall pay for the cost of such insurance as provided for in the approved budget.

(Part 6) No less than 18 months prior to the commencement of the 53rd National Turnfest, the __ (Society) __ Turnfest Committee shall begin holding meetings. It is suggested meetings are held on a monthly basis. A quarterly report shall be forwarded to the National Office, which will then be forwarded to the NHPE Chair and the Executive Committee, from 18 months to 6 months prior to the Turnfest. For the last 6 months, bi-monthly reports shall be forwarded. If such minutes/reports are not received timely as provided above, the National will send a representative to __ (city) __, __ (state) __ to investigate, at the expense of __ (Society) __.

(Part 7) Penalties for non-compliance to the terms of this contract:

- (a) If any cash receipts are deposited in an account of __ (Society) __ or any other account other than the "National Turnfest Checking Account", __ (Society) __ shall be assessed a penalty of 25% of such deposit. All receipts must be deposited in the "National Turnfest Checking Account".
- (b) If __ (Society) __ pays any Turnfest Expenses in cash from Turnfest cash receipts or by check from a bank account of __ (Society) __ or any other account other than the "National Turnfest Checking Account", the National will not reimburse __ (Society) __ for any such expenditure. All expenditures shall be made by check or debit card and only from the "National Turnfest Checking Account" or by the National Treasurer from the American Turners Turnfest Fund.

This 3-page contract/agreement and the 3-page attached budgetary supplement have been reviewed and approved by all parties to this contract/agreement; and, the authorized officers for each party hereby attest to this contract/agreement on behalf of their respective organizations that are parties to this contract.

Dated at __ (city) __, __ (state) __, this ____ day of _____, 20__.

For the __ (Society) __:

_____, President, _____, Secretary

_____, Turnfest Chairperson (Seal)

For the American Turners:

_____, National President

_____, National Corporate Secretary

(Seal)

AMERICAN TURNERS NATIONAL TURNFEST

SAMPLE BUDGET

	BUDGET	ACTUAL	OVER/UNDER
REVENUE:			
Athletic Registrations			
Cultural Registrations			
Late Fees			
Spectator Fees			
Donations			
(Registration Refunds)			
TOTAL REVENUE	\$	\$	\$

EXPENSES:

FACILITIES:			
(gymnastics)			
(swimming)			
(track & field)			
(volleyball)			
(cultural)			
Host Society (utilities, janitorial, etc.)			
TOTAL FACILITIES	\$	\$	\$

RENTED EQUIPMENT:			
Gymnastic equipment			
Labor - setup & takedown			
Trucker's motel & food (for gymnastic equip.)			
Supplies -			
TOTAL RENTED EQUIPMENT	\$	\$	\$

PHYS. ED COMMITTEE:			
Travel/housing NHPEC Chairperson			
Travel/housing NHPEC Members			
Past Turnfest Committee Chair			
TOTAL PHYS. ED. COMMITTEE	\$	\$	\$

CULTURAL COMMITTEE:			
Princess Pageant			
Past Pageant winner travel/housing			
Awards			
Judges			
Decorations			
Supplies			
Travel/housing Cultural Chairperson			
TOTAL CULTURAL COMMITTEE	\$	\$	\$

ATHLETIC JUDGES/REFEREES:			
Gymnastics/Rhythmic/Tumbling			
Swim/Dive			
Volleyball			
TOTAL JUDGES	\$	\$	\$

REGISTRATION, DATA ENTRY, AUDIT:			
Programmer-Fred Sontag			
Computer, Printer & ink			
Supplies (lanyards, badges, paper, etc.)			
Printing Final Results Book			
Credit Card processing fee (on-line reg.)			
Adobe Forms Central & PayPal			
Misc.			
TOTAL REG., DATA ENTRY, AUDIT	\$	\$	\$

PUBLICITY, PROMOTION, MAILING			
Photographer			
Banners/Advertising			
Postage			
TOTAL PUBLICITY, PROMOTION, MAIL	\$	\$	\$

AWARDS:			
Gymnastics/Rhythmic/Tumbling			
Track & Field			
Swim/Dive			
Volleyball			
(extra event)			
Society trophies			
Misc.			
TOTAL AWARDS	\$	\$	\$

MISCELLANEOUS:			
First Aid Kits			
Am. Turners signs			
Bank charges			
Post Office Box fee			
Insurance			
Food & Water for workers & First Aid Station			
Opening ceremony/Honor Guard			
Trip to pick up Turnfest items or have shipped			
Volleyballs, Basketballs, etc.			
TOTAL MISCELLANEOUS	\$	\$	\$

TURNFEST EXPENSES SUBTOTAL		\$	
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TOTAL TURNFEST REVENUE (via pay pal)		\$	
TOTAL TURNFEST EXPENSES		\$	
TOTAL TURNFEST NET EXPENSES		\$	

HOST SOCIETY INCOME COLLECTED via Paypal			
T-Shirts		\$	
Cinch Bags, Pins, etc.		\$	
Adult Banquet		\$	
Youth Banquet		\$	
HOST SOCIETY TOTAL COLLECTED from REGISTRATION (via Paypal)		\$	

ARTICLE 2
NATIONAL COUNCIL

1. A National Turnfest is authorized by the National Council of the American Turners.
2. The National Council entrusts the Local Turnfest Committee with the local management of a Turnfest as determined by the rules governing Turnfests. The National Council will make assistance available through the NHPE and the NCE Turnfest Committees.
3. A National Turnfest shall be held every fourth year, one year before the Olympic Summer Games.
4. The National Council shall fix the time and place for holding the next National Turnfest. If possible, this designation will be made at the first American Turners National Convention after the National Turnfest.
5. In case a National Turnfest cannot be held at the place designated by the National Council, or there being no application from any Society, City or District for holding the Turnfest, at the time of the convention, the National Council shall inquire of the Districts and Societies whether they are willing to take over the Turnfest. After consultation with such Districts and Societies, the National Council shall designate the place and time for holding the Turnfest.
6. The Turnfest shall last no longer than five days – preferably in late June and /or early July.
7. The activities at a National Turnfest are attempts by means of exhibitions and competitions to demonstrate the ideals and standards of work in American Turner Societies.
8. Work in Cultural Education, as well as Physical Education, shall be shown.
9. The physical activities shall consist of: Society competition, Team competition, Individual competition, Model Drill, Mass exercises and special games for Active men and women ages (18-23) and (24-29), Senior men and women ages (30-up), Junior boys and girls ages (14-17), Youth boys and girls ages (6-9) and (10-13)

ARTICLE 3
NATIONAL HEALTH AND PHYSICAL EDUCATION COMMITTEE

1. Upon recommendation of the Local Technical Committee, the National Health and Physical Education Committee (NHPEC), shall name one (1) or more technical leaders (chairperson) of the Turnfest as Turnfest Leaders. The leader is the local representative of the NHPEC, if applicable, or the Society Physical Education Instructor. He/she shall conduct the Mass Exercises and shall see that the areas of competition and exhibition facilities are prepared and equipped as prescribed by the rules and regulations, and as demanded by the work-plan of the Turnfest. He/she is to see that facilities are completely ready by the opening day of the Turnfest. All expenses involved in this preparation will be paid by the National Turnfest Fund.
2. The program shall be prepared by the National Physical Education Chairperson and the National Cultural Education Chairperson, in consultation with the Local Technical Committee and Local Committee on Cultural Education. The program to be sent to Societies at least six (6) months prior to the Turnfest. Any expenses incurred in this preparation shall be approved by the Chairperson of each committee and paid from the National Turnfest Fund.
3. The judges, referees and all other officials necessary for all phases of physical competition shall be appointed by the Local Turnfest Committee with the approval of the NHPEC.
4. The NHPEC supervises the activities of the judges and of the Data Entry, Auditing and Awards

Committee.

5. The Turnfest Data Entry, Auditing and Awards Committee shall have two (2) people on site for each event to enter and verify results, and immediately make the results available and post the complete results of the various competitions as soon as possible.
6. After a review by the Data Entry, Auditing and Awards Committee, the place and points of every award winner shall be published in the Turner Topics
7. The Chairperson of the NHPEC shall be Chairperson of the College of Judges. He/she is the chief referee of the Turnfest, to whom all protests and appeals must be made in writing and be as explicit as possible.
8. A member appointed by the NHPEC Chairperson shall act as secretary of the College of Judges.
9. Members of the NHPEC shall participate as supervisors, assistant supervisors and leaders.

ARTICLE 4 THE NATIONAL CULTURAL EDUCATION COMMITTEE

The National Chairperson for the National Cultural Education Committee (NCEC) shall have complete charge of all phases of cultural competition in conjunction with the Local Cultural Committee. A separate booklet on rules for these activities has been published and entitled "Rules and Guidelines for Cultural Programs and Competition of the American Turners".

All cultural participants of the National Turnfest shall be required to pay a registration fee. The cultural registration fee per entrant shall be determined at least one year prior to the Turnfest. Participants entering both physical and cultural competitions shall have the cultural registration fee waived. Any cultural participant that mails/ships their entries in, but does not attend the Turnfest in person, must pay the cultural registration fee and the cost of postage to return their entries after the Turnfest. Registration for the Cultural competition must be done on the American Turner webpage designated specifically for the National Turnfest. Registration deadlines shall be the same as Athletic registration deadlines.

ARTICLE 5 OFFICIALS College of Judges

SUPERVISORS

1. Members of the NHPEC shall be assigned to the various activities by the NHPEC Chairperson, to assist the Local Chairperson of the various activities at the time of the Turnfest. They (NHPEC) shall be appointed these duties at least six (6) months prior to the Turnfest.

Supervisors shall be appointed for:

Apparatus Exercises (Artistic Gymnastics)	Judges and Judging
Track and Field Events	Data Entry, Auditing and Awards
Team and Individual Events	Publicity
Marching & Mass Drill and Model Drill	Volleyball
Special Events & Pickleball	Swimming

ASSISTANT SUPERVISORS

1. The NHPEC shall appoint as many Assistant Supervisors as it deems necessary. The Assistant Supervisor shall be in charge of a group of competitors. He/she shall have charge of the judges and competitors in this phase of work. These supervisors may be taken from the list of reserve judges. They are responsible for the delivery of score cards to the Data Entry, Auditing and Awards Committee.

2. By the end of six weeks after the Turnfest, each Supervisor and Assistant Supervisor shall send to the Chairperson of the NHPEC a report on his/her phase of work and suggestions for improvements.

REGULAR JUDGES

1. The regular Judges shall be selected from the Instructors/Coaches and leaders of Societies taking part in the Turnfest. Societies, therefore, are urged to send their Instructors/Coaches to National Turnfests. If the Instructors/Coaches described above are selected by the NHPEC, they will be urged to serve as Judges, and will be fairly compensated as determined by the Turnfest Host Society.
2. Upon recommendation of the NHPEC, the National Physical Education Chairperson shall appoint as many (SPECIAL JUDGES) as are necessary to carry out the program of competition.

SPECIAL JUDGES

1. Those certified for rating advanced gymnastics, volleyball referees and diving shall receive payment established and approved by the NHPE Chairperson. This payment is made after the Turnfest, upon presentation of a voucher signed by the supervisor of the event, showing that the judge has performed his or her duties.
2. Special Judges shall not be Instructors of Societies taking part in the competition.
3. The first meeting of the Judges shall be held before the start of the competitions. At this meeting, the work plan shall be explained, and the judges shall receive all information relative to their work. This meeting shall be considered the beginning of a Judge's official duties. Attendance is mandatory.
4. Remuneration received by Judges shall be paid from the Turnfest Fund.

ARTICLE 6 THE LOCAL TURNFEST COMMITTEE

1. Approximately two years before a Turnfest, members of the Society(ies) of the City or District in which a Turnfest is to be held shall meet to select a Turnfest Committee.
2. In the beginning, this committee should be composed of not less than ten (10) people.
3. The Turnfest Committee organizes itself by the election of a Turnfest Chair, a Vice-Chair, a Secretary, and a Treasurer, all of whom shall be members of the Finance Committee. Of those four (4) positions no one person can hold two (2) of the above positions. The committee thereupon selects the leader of the six (6) main committees. The Turnfest Chairperson is recommended by the Local Turnfest Committee, approved by the NHPEC and the National Council.
4. The main committees are:
 - a) Technical (Physical Education)
 - b) Cultural Education
 - c) Finance (Ways and Means)
 - d) Publicity
 - e) Housing and Entertainment (including Decorations, Food, Banquet and Parade)
 - f) Data Entry, Auditing and Awards
5. The six (6) main committees, as time progresses, shall be divided by the Turnfest Committee, into as many sub-committees as are necessary for the accomplishment of the tasks required. The Leaders of these sub-committees, by virtue of their office, shall become members of the Local Turnfest Committee.

6. The Data Entry, Auditing and Awards Committee shall work in close association with the Local Technical and Cultural Committees in processing the necessary awards.
7. The Turnfest Committee shall determine the number of persons on every sub-committee.

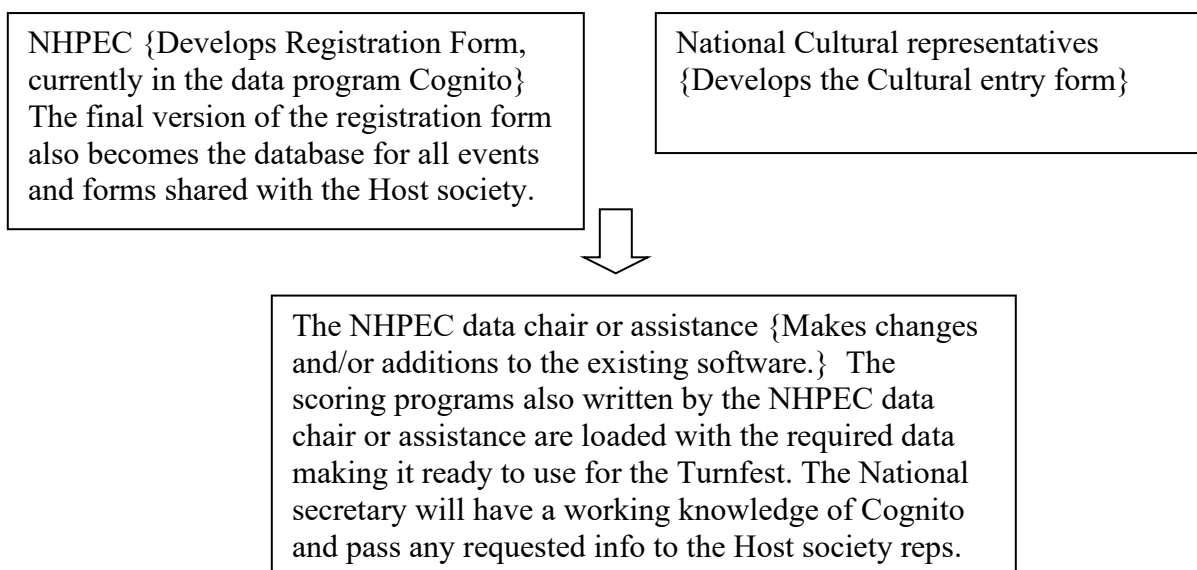
ARTICLE 7 PUBLICITY

1. Advertisement and publicity prior to the Turnfest lies in the hands of the Local Turnfest Committee.
2. A large bulletin board should be erected at some conspicuous place indoors, on which general results are to be posted, as well as possible changes in plans, schedules, etc.
3. Copies of results of each type of competition shall be distributed by the Local Turnfest Committee and /or Publicity Supervisor to the newspapers and Turner Topics as soon as the results are known and have been verified.
4. The Local Turnfest Committee shall provide an amplifying system on the field and in the gymnasium, and other venues, where various results, schedule changes, and other information may be announced. Expenses involved are to be paid by the Turnfest Fund.

ARTICLE 8 DATA ENTRY, AUDITING AND AWARDS COMMITTEE

1. This Committee shall consist of a Committee Leader, an assistant and any necessary workers.
2. The Committee Leader and his/her assistant shall be approved by the NHPEC Chairperson upon recommendation of the Local Turnfest Committee.
3. The expenses of the Committee Leader and his/her assistant shall be paid by the National Council out of the Turnfest fund.
4. Other members of the Data Entry, Auditing and Awards Committee shall be selected by the Local Turnfest Committee Chairperson.
5. The Committee Leader, soon after his/her appointment, shall make all necessary arrangements with the NHPEC and the Local Committee relative to rooms for his/her committee, equipment and necessary materials.
6. The Committee Leader and his/her assistant shall have full charge of the personnel of the committee, e.g. assigning the work, arranging working hours, mealtimes, etc.
7. The general forms for the auditors shall be furnished by the Local Committee, with recommendations by the Chairperson of the NHPEC.
8. All necessary computers, calculators, paper and writing instruments shall be furnished by the Local Turnfest Committee.
9. This Committee will use the American Turners Turnfest software program provided by the National Office. The use of no other program will be allowed. The American Turners shall be the only website used for registration and Turnfest rules. A link is allowed on the American Turner webpage to the Local Society website for additional local information.

10. Technical assistance shall be provided to this Committee by the NHPEC Data Chair, a technically qualified person appointed by the NHPEC, relative to use of the American Turners Turnfest software.
11. This Committee Leader shall make arrangement for the NHPEC Data Chair to train him/her regarding the software to be used. This training can be in person or via telephone, Zoom or e-mail. Any expenses relative to this training incurred by the NHPEC Data Chair shall be reimbursed from the Turnfest Fund.
12. All members of this Committee responsible for data entry will be trained by the Leader of this Committee and/or the NHPEC Data Chair in advance of the Turnfest on the procedures to be followed for proper use of the American Turners Turnfest software.
13. In all computation, fractions of points or percentages shall be recorded in decimals to at least three (3) places – (.001).
14. The first meeting of the complete Data Entry, Auditing and Awards Committee, including the NHPEC Data Chair, shall be on the day preceding the opening of the Turnfest. From this time until the lists have been revised – immediately upon completion of the competitions, the committee is in continual session.
15. The sessions of the auditors are closed. Only members of the NHPEC and Chairperson and Supervisors of Publicity shall be permitted to enter.
16. A member of the Data Entry, Auditing and Awards Committee shall be present at all times during the registration period on the first day of the Turnfest.
17. The National office, with the guidance of the NHPE Chair and Cultural Chair, is responsible for procuring all awards for the Turnfest, such as physical and cultural competition, honor and special awards.
18. Programs of presentation shall be arranged during and at the conclusion of the Turnfest.
19. The Leader of this Committee should be familiar with all rules contained in this Rulebook pertaining to awards for each event.
20. Either the Committee Leader or a designated member of this Committee must be present at all awards presentations, whether it is at a venue immediately following the conclusion of an event, or at a later time at the Turner Hall or another designated facility.
21. Awards shall be displayed in a prominent and safe location before and during the Turnfest.
22. Refer to Supplemental handbook for detailed requirements.
23. Scoring and Awards Flow Chart:
The Turnfest database, scoring programs, award ceremonies and result summarizes are all interrelated. Communication between the NHPEC, National Cultural representatives, Turnfest Chairperson, NHPE Data Chair, home Society data entry designee (registration person), individual event designee, award personnel and later web master is essential. Illustrated below is a working model.



All Scoring programs are written in Excel. These programs include

Men's Gymnastics	Women's Gymnastics	Men's and Women's Track & Field
Special Tumbling	Rhythmic Gymnastics	Men's and Women's Track and Field Relays
Volleyball	Pickleball	Men's and Women's Swimming
Free Exercise	Model Drill	Men & Women's Swimming Relay
Golf		Final Summary

Google Docs may be used to gather data for Relays, Golf, Pickleball and Volleyball. These are team events and can be updated in real time. The National Administrative Assistant will be responsible for creating the forms if used.

ARTICLE 9 THE LOCAL TECHNICAL COMMITTEE

The functions of this Committee shall be as follows:

1. To arrange and equip all venues, dressing rooms and meeting places, locations of which shall be clearly marked with signs, according to the directions of the NHPEC.
2. To place at the disposal of the Turnfest Leader(s) sufficient personnel to assist in the placement and removal of all apparatus and equipment used during the Turnfest.
3. To secure, in a convenient location, meeting places for judges and officials.

4. To provide sufficient personnel to keep the field and gymnasium areas of competition clear of spectators.
5. To provide the necessary equipment for musical accompaniment and amplification for the activities requiring music.
6. To appoint a member of the committee to serve with the corresponding member of the NHPEC in each activity as assigned in Part I, Article 5, Item 1.
7. At all exhibitions, space must be reserved for all persons wearing the official badge.
8. Secure suitable reserved seats during all competitions and exhibitions for invited guests, National Officials and Judges.
9. Whenever possible present individual awards immediately after events are concluded and at the site of the event. A dignified ceremony should be arranged to present the Society Honors and Awards.

ARTICLE 10 THE LOCAL FINANCE COMMITTEE

1. The Local Finance Committee has charge of the finances of a Turnfest.
2. Shortly after its appointment, it shall submit to the Local Turnfest Committee and the National Executive Committee for approval, a contract and budget of estimated income and expenses based on the scope of the Turnfest as determined by local ideals, and by the demand of the work to be accomplished as prescribed by the rules governing National Turnfests.
3. The National Executive Committee shall approve submitted contract and budget under the above provisions. The published financial reports of former Turnfests can be guides relative to general expenditures and income.
4. The Finance Committee shall submit to the Turnfest Committee:
 - a) Ways and means for financing the Turnfest
 - b) Rules for the collection and deposit of funds
 - c) Rules for the disbursement of funds
 - d) A schedule of expenses pertaining to the Turnfest
5. After the close of a Turnfest, the committee shall provide a report of income and expenditures for the Turnfest in the annual report to the National Council.

ARTICLE 11 THE LOCAL COMMITTEE FOR HOUSING AND ENTERTAINMENT, (DECORATIONS, FOOD, TURNFEST BANQUET AND PARADE)

The duties of this Committee are:

1. It is the duty of this Committee to help Society participants, judges, officials and boosters find suitable housing accommodations.
2. This Committee shall recommend and secure group rates at suitable hotels, motels, dormitories and camp sites.
3. A list of accommodations with rates shall be published in ample time prior to the Turnfest.

4. A headquarters shall be set up where all pertinent communications shall be posted. An Information Bureau shall be in continuous operation at the headquarters.
5. To arrange a suitable decoration of the Turner building(s), area of competition, larger lodging sites (lobby) and the banquet hall.
6. To conduct the parade, if feasible, complying with local civil regulations. (see Part II, Article 4, Item 2)
7. To arrange for entertainment and suitable outings, but not to conflict with the physical activities scheduled.
8. To arrange for Turnfest banquet site, caterers, guest speakers, etc.

PART II GENERAL REGULATIONS

ARTICLE 1 REGISTRATION OF CONTESTANTS

1. All Athletic and Cultural competitors must register on the American Turner website.
 - a) A registration fee will be due from all competitors who register at least 45 days prior to the opening of the Turnfest.
 - b) A late fee will be charged for entries received and accepted between 44 to 35 days prior to the opening of the Turnfest. The late fee shall be \$20.00 per competitor.
 - c) Entry forms received less than 35 days prior to the Turnfest will **NOT BE ACCEPTED**. (In order to purchase the correct number of awards we must strictly enforce this rule.)
 - d) The age of the competitor is determined by what the age is on the 1st day of the National Turnfest.
 - e) Any Instructor/Coach/Leader, who is in charge of a Society's classes, and is a member of said Society, is eligible to compete.
 - f) Upon payments being made on the American Turner website for cultural competition, a link will be provided to a separate registration page that is specific to cultural events and/or items that will be submitted. Cultural entry forms will not be accepted by US Mail.
2. All active participants will be charged the entry fee set by the NHPEC and will receive the official badge, free of charge. The Local Committee will furnish the badges, however, the National Council will pay the Local Turnfest Committee the cost of the badges issued to Officials and competitors out of the Turnfest Fund of the American Turners. Badges for competitors of Societies shall be delivered to Societies Instructors or Leaders at time of registration. The Entry Fee set by the NHPEC shall accompany the Entry Form.

Turner boosters and other guests will be required to purchase the badge from the Local Turnfest Committee.
3. The official badge shall entitle the owner to free admission to the Turnfest sites, as well as to all other entertainment in connection with the Turnfest, except the Turnfest Banquet and admission-charged tours, but not to specially reserved sections.

4. No contestants at National Turnfests shall be permitted to participate until a signed release form is presented. Forms for this purpose shall be part of the on-line registration page and registration will not be complete without being signed.
5. Societies are urged to protect all contestants and members traveling to the Turnfest under special group insurance.

ARTICLE 2 REQUIREMENTS FOR COMPETITORS

1. Contestants taking part in Society team and individual competitions that earn Society points, are not required to perform the Mass Drill routine.
 - a) All Societies performing in the Marching and Mass Drill for points must be represented in the “group” Mass Drill or points earned from Mass Drill will be withheld.
2. Participants who violate any of the rules governing competition shall be warned by the judges, and if without results, shall be disqualified from further participation in the contests by the Chairperson of the NHPEC. The disqualified participant’s points will be deducted from his/her Society’s point total. Any awards previously earned by such disqualified contestant shall be withdrawn and awarded to the next contestant in line for same.
3. Contestants who try to gain advantage by unfair means shall be disqualified from further competition during the Turnfest, upon the decision of the NHPE Chair. They may be barred from competition at future National Turnfests upon the decision of the National Council.
4. Competitors, if eligible for membership in their Societies, must be a member in good standing, with a membership number issued by the National Office, prior to the Turnfest registration deadline. All other contestants must be either a spouse of a card carrying member, a child of a card carrying member under the age of eighteen (18), or a Youth Member for 90 days or more. All competitors in any American Turners National competition must present their membership card at the tournament site.

Pursuant to the 2026 National Convention, it is no longer allowed for a non-member child to compete at any national events, including the National Turnfest. All children must be a Youth Member or a child of an adult member.

NOTE: Visiting Turners (non-American) desiring to participate in the American Turners National Turnfest must be approved by the NHPEC at least 60 days prior to the event. All guests must be sponsored by an American Turner who will accept the responsibility for payment of all required advanced fees and for the conduct of their guests at the event.

5. Participants who absent themselves from their group or squad before an event is closed, shall not be allowed to make up that event. An event completed will not be reopened.
6. If two or more events are scheduled to be competed at the same time, a competitor can only participate in one, and must indicate in advance the event he/she wishes to take part in.
7. Failure on the part of individuals or teams to report on scheduled time for an activity forfeits their right to compete in that event, unless an exception (due to extenuating circumstances) is granted by the NHPEC Chairperson.

8. In case of inclement weather, contestants shall report according to work plan or schedule and await the decision of the Chairperson of the Local Technical Committee.
9. It is permissible for a competitor to compete in a lower age group, providing it does not result in an unfair advantage. For instance, a man or woman 30 years of age and older can compete with the Active (18-23) (24-29) age group. If he/she makes this choice, he/she must be confined to compete in all competitive events as Active only. He/she cannot compete in any Senior events.
 - a) It is not permitted for a competitor to compete in a higher age group. A man or woman 29 years of age CANNOT compete as a Senior.
 - b) A competitor 18 years of age or older CANNOT compete as a Junior. A competitor in ages 6 through 17 can only compete in their respective age group. (Exception- if there is no competition for any age group, the individual may move up to the next age level with approval from the NHPEC Chairperson.)
 - c) Any infraction of the Turnfest Rules (written excuse from the Chairperson of the NHPEC excepted), will bar a competitor from taking part in any competition whatsoever.
 - d) The above rules do not apply to Volleyball. Refer to page 26 for complete Volleyball rules.

ARTICLE 3 UNIFORMS

1. Uniform for participants in Marching and Mass Drill will be designated six (6) months before the Turnfest by the Local Turnfest Technical Committee, with the approval of the NHPEC. These must be worn during the above-named activity.
2. For the Model Drill Exercises, apparatus work, track and field and Special Games competitors shall wear the uniform appropriate to the activity.
3. The starting uniform shall display an emblem of Turner recognition (the American Turner emblem or the official emblem of the Turnfest).
4. Women and girls of all ages participating in Gymnastics are required to wear a leotard. Spandex-type shorts may be worn over a leotard. An alternative uniform for Sr. Women is shorts (that end above the knee) and t-shirt. Any shirt worn with shorts must be tucked into the shorts. Sr. Women are also allowed to wear long leggings/tights. Absolutely no buttons, snaps or zippers are allowed on any clothing worn while on apparatus.

ARTICLE 4 PARADE

1. If feasible, a parade shall be held on the first day of the Turnfest.
2. The parade is to be formed and regulated by the Local Turnfest Committee.

ARTICLE 5 FIELD REGULATIONS

1. The following persons shall be permitted on the floor or field during competition:
 - a) Officials, including all event personnel
 - b) Competitors and their Coaches/Instructors
 - c) Necessary spotters (on Apparatus)

2. It shall be the duty of every competing Society to cooperate in the conduct of the different events by keeping its team and classes in orderly groups, with special emphasis on keeping competitive areas clear of non-contestants. Enforcement of this rule is the responsibility of the Local Turnfest Committee and appointed event supervisors.
3. Behavior of competitors in the Youth and Junior divisions (6-17), during competition, are the responsibility of their coach or instructor. All competitors ages 6-17 MUST have a coach present at each gymnastic event. All competitors ages 6-13 MUST have adult supervision from their Society at all track & field and swimming events.

ARTICLE 6 HONORS AND AWARDS

1. The distribution of team and Society honors and awards should be an impressive ceremony. It is the duty of the Local Turnfest Awards Committee, in conjunction with the NHPEC, to make such arrangements that this event will be a fitting climax to a National Turnfest.

LIST OF AWARDS

Awards shall be given for the following types of competition:

2. Physical Competition
 - a) Society awards:
 - (1) Awards will be based on total points earned by men and women in the Senior, Active, Junior, and Youth groups in all competitive categories that earn Society points.
 - (2) Awards will be presented to the first three places in each society group. Each Society is placed in one of three groups as determined by the Society's total membership, including honorary, military and Youth.
 - (3) After placing all Societies in order according to total membership, then divide the total number of participating Societies by three (3) to determine the groups. Awards shall be trophies and banners.
 - b) Team Awards:
 - (1) Individual medals will be awarded to the players of the winning teams of the first three places in volleyball competition for all divisions regardless of Society.
 - (2) Mass Drill trophies or plaques will be presented to the Society teams placing 1st, 2nd, or 3rd place.
 - (3) All members of a Relay shall receive a medal corresponding to the place their Relay won. (1st, 2nd or 3rd places)
 - c) Individual Competition:
 - (1) Awards are to be presented to men and women in the Seniors, Actives, Juniors, and Youth age groups.
 - (2) Ribbons shall be presented for individual Gymnastic, Track & Field and Swimming events – 1st through 10th place for Youth, Jr. and Active groups, and 1st through 6th place for all Sr. age groups.
 - (3) Medal awards for All-Around Gymnastics – 1st through 10th place, and All-Around Track & Field – 1st through 10th place. 1st place-gold, 2nd place-silver, 3rd place-bronze, 4th-10th a different color medal.
 - (4) Ribbons will be presented for Special Individual Events and Special Games – 1st through 3rd place.
 - (5) The NHPEC can create additional individual awards as circumstances may require. These awards shall be ribbons.

- (6) Whenever possible, medals and ribbons won by individuals shall be awarded immediately after the competition at which the honors were won. However, it is suggested that Sr. Track & Field awards be presented at a later time at the Turner Hall.

3. Special Honor Awards

- a) Men and women (18+) who have participated as competitors (Physical and /or Cultural), judges (including instructors and event supervisors), or official Turner members of Local Turnfest Committee, shall be eligible to receive a Special Honor Award at the completion of each fourth (4th) National Turnfest thus attended. Final determination of eligibility shall rest with the Chairperson of the NHPEC in conjunction with the records at the American Turners National office.
- b) Society secretaries shall submit names of Turners who qualify, to the National Administrative Assistant of the American Turners on the designated form, not less than sixty (60) days prior to the opening day of the Turnfest. After verification, names of Turners duly qualified should be forwarded to the National Office. Applications for the award will not be accepted at the Turnfest. Participation at the current Turnfest may be counted as the fourth (4th), eight (8th) twelfth (12th), or more Turnfests attended, for the purposes for receiving the award.
- c) The award shall be in the form of a lapel pin, bearing the American Turner emblem, encircled with the words "NATIONAL TURNFEST (and) HONOR AWARD", but excluding the "Leaders in Physical Education since 1848" edition. It shall be approximately the size of the U.S. quarter and include engraving space at the center bottom for the digits, (4, 8, 12, etc.). The fourth (4th) Turnfest award shall be struck in bronze tone, the eight (8th) in silver tone and the twelfth (12th) and every Turnfest thereafter shall be in ten (10) karat gold plate.
- d) Turners who participated in fifteen (15) National Turnfests shall receive the "Turnfest Lifetime Achievement Award", bearing the year and location of their first Turnfest competed at and the year and location receiving this award. The type of award shall be designed by the NHPEC and shall be a special design and style appropriate for this high honor (not a pin, medal, trophy or plaque).
- e) The National Office of the American Turners shall be responsible for the documentation, procurement, engraving and shipment of these Special Honor Awards to the appropriate Local National Turnfest Committee Chairperson for suitable awarding to the recipients.
- f) These awards shall be presented at the Turnfest Banquet by the National President or his/her designee.

**ALTERATIONS AND AMENDMENTS RELATIVE TO THESE
RULES AND REGULATIONS GOVERNING NATIONAL TURNFESTS**

1. Alterations and changes for the improvement of the National Turnfest Regulations, which are recommended by the NHPEC, Society Instructors and District Conventions, are to be conveyed to the NHPEC one year prior to a National Turnfest for inspection, classification and approval.
2. The NHPEC is empowered by the National Council to make sure emergency-type, but feasible rule changes or modifications as are deemed necessary, but not later than six (6) months prior to a National Turnfest. It is understood that under certain circumstances emergency changes are needed.
3. **The NHPE Chair shall have the authority to make adjustments to rules, age groups, levels, etc. to enable the best possible competition for those registered and/or to improve the Turnfest schedule.**

PART III
RULES FOR SOCIETY AND INDIVIDUAL COMPETITION
OF THE AMERICAN TURNERS

SECTION 1 – UNIT 1
DETAILS RELATIVE TO SOCIETY COMPETITION

1. Societies taking part in Society competition shall be divided into three groups based upon Society membership of the year prior to the Turnfest.
2. One participation point will be awarded to any individual completing all four gymnastic events (6 events for Men ages 6-29); One participation point will be awarded to any individual completing all four required Track & Field events (3 events for Youth ages 6-9); One participation point will be awarded to any individual completing a minimum of three swimming/diving events; One participation point will be awarded to any individual participating on a Volleyball team; One participation point will be awarded to any individual participating in Pickleball; One participation point will be awarded to any individual for competing in the 1-day or 3-day National Golf Tournament; and One participation point will be awarded to any individual competing in the National Softball Tournament when held in conjunction with the National Turnfest.
3. To decide the place of the Societies in each group, the combined points achieved by Senior men and women, Active men and women, Junior boys and girls and Youth boys and girls shall be totaled.
4. Listed are the activities for Senior men and women, Active men and women, Junior boys and girls and Youth boys and girls.
 - a) Marching and Mass Drill
 - b) Gymnastics (Apparatus)
 - c) Track & Field
 - d) Volleyball (Excluding both Youth groups)
 - e) Special Individual events
 - f) Special Recreational Games (no Society points)
 - g) Model Drill
 - h) Swimming
 - i) Pickleball (Excluding Youth groups)
5. Before each Turnfest a schedule of physical activities shall be prepared by the NHPEC in consultation with the Local Technical Committee.

SECTION 1 – UNIT 2
MODEL DRILL

1. A Society may present only one Model Drill.
2. A Society may present a Model Drill comprised of members of any of its competing classes, with a minimum of 6 members.
3. A maximum time of 10 minutes will be permitted.
4. The maximum number of points that can be earned in performing the Model Drill is sixty (60). Three (3) judges will score up to sixty (60) points, and the judges scores will then be averaged for the final score.

5. Each judge shall score the drills as follows:
 - A. Correctness Of Execution: Form (toes pointed, legs straight, etc.), Rhythm , Sureness/Errors= 15 points
 - B. Difficulty: Stunting/Tumbling, Dance, Combination of Movements = 15 points
 - C. Group Action/Presentation: Togetherness, Interaction = 10 points
 - D. Originality: Movements and Combinations, Costumes and Make-up, Presentation of Theme = 15 points
 - E. Crowd Appeal = 5 points
6. Each Society is responsible for providing their own music. The music selection must be approved by the NHPEC.

SECTION I – UNIT 3 MARCHING AND MASS DRILL

1. Each Society has the option (but is not required) to enter this competition.
2. These exercises to be performed as a Society group consisting of all ages of men and women, with the minimum of six (6) participants.
 - a) Any Society having less than six(6) participants wishing to perform the Mass Drill may join with another Society to earn their Society points.(See #7 for point distribution)
3. Music and exercises will be distributed by the **NHPEC** at least nine (9) months in advance of the Turnfest. Instructors may not count for or prompt their group. The Local Turnfest Committee will provide sound equipment for Turnfest Competition.
4. The maximum number of points that can be earned in performing these exercises is sixty (60), a total of three judges' scores. Each judge can score up to twenty (20) points.
5. Each judge shall score the drills as follows:
 - a) Marching Drill - up to three (3) points.
 - b) Complete performance (omissions, deviations, etc.) of the Mass Drill - up to ten (10) points.
 - c) Beauty of the Mass Drill (grace, vigor sureness, rhythm) - up to seven (7) points.
6. These exercises and music shall be prepared by the NHPEC Committee and distributed to the Local Technique Committee one (1) year prior to the Turnfest.
7. The judging of the Marching Drill and Mass Drill shall be done without consultation by three (3) judges whose scores shall be totaled to score up to sixty (60) points. The total points will establish a prime score to be allotted to each Society according to the number of participants in the Society group as follows:

6 contestants or more	= 100%	3 contestants	= 50%
5 contestants	= 83%	2 contestants	= 33%
4 contestants	= 66%	1 contestant	= 17%

 - a) If less than 6 participants on a team, then points reduced accordingly, and
 - b) If a team has participants from several Societies, the Society points for that team will be prorated among the Societies, according to each Societies' percent of participation.

8. At some time during the National Turnfest the Marching Drill and Mass Drill shall be performed as a “group” Mass Exercise. An opportune time would be as a part of the Closing Ceremonies of the Turnfest. Societies participating for points in the Marching and Mass Drill must be represented in the “group” Mass Exercise at the designated time.
9. The “group” Mass Exercise Exhibition shall be conducted by the Turnfest Leaders. See Part I, Article 3.

SECTION I – UNIT 4 GYMNASTIC EVENTS (APPARATUS)

General Information:

1. Refer to the Supplemental Handbook for complete rules and regulations.
2. All Equipment used will meet the regulation USAG specifications unless otherwise stated by the NHPEC six(6) months prior to the Turnfest.
3. Where applicable, the USAG code of points shall govern this activity.
4. Certified Judges shall judge all levels and grades in gymnastic competitions for Youth, Junior and Active. Qualified Judges may judge Senior gymnastics, however using USAG judges is encouraged.

Active Men, Junior Boys and Youth Boys

1. Apparatus events are to be established for each Turnfest by the NHPEC. Routines shall be performed on all six (6) events, constituting the Gymnastic All-Around. Routines will be compulsory or optional based on the USAG Level competing.

a) Horizontal Bar	d) Floor Exercise
b) Parallel Bars	e) Vault
c) Pommel Horse/Mushroom	f) Still Rings
2. The levels of difficulty shall follow the USAG Development Program (Levels 4-10). Youth (ages 6-9) cannot compete in the Levels 9 or 10.
3. The score per event will follow USAG scoring/judging rules. Each age group, within each level, must have a minimum of 2 competitors registered.

Active Women, Junior Girls and Youth Girls

1. Apparatus events are to be established for each Turnfest by the NHPEC. Routines shall be performed on all four (4) events constituting the Gymnastic All-Around. Routines will be compulsory or optional based on the USAG/Xcel level competing.

a) Balance Beam	c) Uneven Parallel Bars
b) Floor Exercise	d) Vault
2. There shall be two (2) divisions of competition: 1) USAG Development Program - Levels 3 - 10; or 2) USAG Xcel Program - Bronze, Silver, Gold, Platinum, Diamond and Sapphire. Youth ages 6 & 7 cannot compete in Levels 9, 10, Platinum, Diamond or Sapphire and Youth ages 8 & 9 cannot compete in Level 10, or Diamond or Sapphire.
3. The maximum score per event will be ten (10) points. Each age group, within each level, must have a minimum of 2 competitors registered.

Senior Men

1. Apparatus events are to be established for each Turnfest by the NHPEC. Of the following events perform optional exercises on any four (4), constituting the Gymnastic All-Around for ages 30+:
 - a) Horizontal Bar
 - b) Parallel Bars
 - c) Pommel Horse
 - d) Rhythmic routine (only ONE routine, with a maximum time of 1 minute) (60+ only)
 - e) Two different routines may be performed on ONE event (excluding Rhythmic) (60+ only)
 - f) Floor Exercise
 - g) Vault (side horse vault is not allowed)
 - h) Still Rings
2. There shall be competitive age groups: 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79, 80+.
 - a) There shall be one grade of difficulty for each age group.
 - b) Apparatus dimensions shall be announced and included in the Turnfest program announcement.
 - c) The maximum score for Senior Men, per event, will be ten (10) points.
3. Sr. Men (30-59) must have a minimum of 2 competitors registered, or will be moved down to the next age group. Sr. Men (60+) will remain in their age groups regardless of number of competitors registered.

Senior Women

1. Apparatus events are to be established for each Turnfest by the NHPEC. Of the following events perform optional exercises on any four (4), constituting the Gymnastic All-Around for ages 30+:
 - a) Balance Beam (Low or High)
 - b) Uneven Bars
 - c) Pommel Horse (50+)
 - d) Floor Exercise
 - e) Vault (side horse vault is not allowed)
 - f) Rhythmic gymnastics (only ONE routine, with a maximum time of 1 minute) (60+ only)
2. There shall be competitive age groups: 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79, 80+.
 - a) There shall be one grade of difficulty for each age group.
 - b) Apparatus dimensions shall be announced and included in the Turnfest program announcement.
 - c) The maximum score for Senior Women, per event, will be ten (10) points.
3. Sr. Women (30-59) must have a minimum of 2 competitors registered, or will be moved down to the next age group. Sr. Women (60+) will remain in their age groups regardless of number of competitors registered.

SECTION I – UNIT 5 TRACK AND FIELD EVENTS

General Information

1. Refer to the Supplemental Handbook for complete rules and regulations.
2. National AAU rules shall govern all athletic activities, except as amended by the NHPEC.
3. For new events the NHPEC shall publish details regarding same prior to the next Turnfest.
4. At all field events, two or more judges shall officiate, making measurements, timing races, etc.; a clerk shall record the results on the proper form.
5. The Track and Field results are to be credited according to the rules and standards.
6. The measuring tapes shall be metric.

7. The Track and Field facilities shall meet acceptable standards. The track surface shall be smooth and marked in lanes; the pits and approach lanes are to be prepared for safe competition.
8. Measurement
 - a) All jumping events shall be measured to the nearest centimeter, falling within the distances actually jumped.
 - b) All timed events are to be recorded to the nearest complete one-hundredth (1/100) of a second
 - c) Shot put events shall be measured to the nearest centimeter, falling within the distance actually attained.
 - d) Throwing events are to be measured to within the nearest centimeter, falling within the distance actually attained.
9. In all events, either judge is responsible for seeing that the event is correctly executed, and for declaring a foul when necessary.

Active Men, Junior Boys, Youth Boys

1. The program for each Turnfest to be set by the NHPEC.
 - a) The program is to consist of four events including running, jumping and throwing. You are required to do the run, at least one jump and at least one throw.
 - b) Suggested events are as follows and constitute the Track & Field All Around;

100 meter Dash	Standing Long Jump
Running Long Jump	Hurl Ball
Shot Put (16 lbs. Active; 12 lbs. Jr.; 8 lbs. Youth 10-13)	
 - c) Youth (6-9) must compete in 50 meter Dash, Standing Long Jump and Softball Distance Throw. Only those three events are allowed and will be considered Track & Field All-Around for ages 6-9.

Active Women, Junior Girls, Youth Girls

1. The program for each Turnfest to be set by the NHPEC.
 - a) The program is to consist of four events including running, jumping and throwing. You are required to do the run, at least one jump and at least one throw.
 - b) Suggested events are as follows and constitute the Track & Field All Around:

100 meter Dash	Standing Long Jump
Running Long Jump	Hurl Ball
Shot Put (8 lbs. Jr. & Active, 6 lbs. Youth 10-13)	
 - c) Youth (6-9) must compete in 50 meter Dash, Standing Long Jump and Softball Distance Throw. Only those three events are allowed and will be considered Track & Field All-Around for ages 6-9.

Senior Men

1. The program for each Turnfest to be set by the NHPEC.
 - a) Seniors will compete in age groups: 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79 and 80+.
 - b) Sr. Men (30-59) must have a minimum of 2 competitors registered, or will be moved down to the next age group. Sr. Men (60+) will remain in their age groups regardless of number of competitors registered.
 - c) The NHPEC should consider the age group of the competitors when setting a program for seniors.

- d) Suggested events are as follows and constitute the Track & Field All Around. Choose 4 of the 6 events including a run/walk, a jump and a throw.
50 meter Dash (30-39), 50 meter Run/Walk (40+), Standing Long Jump,
Hurl Ball, Softball Distance Throw (30+), Shot Put (12 lbs. 30-59; 8 lbs. 60+)

Senior Women

1. The program for each Turnfest to be set by the NHPEC.
 - a) Seniors will compete in age groups: 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79 and 80+.
 - b) Sr. Women (30-59) must have a minimum of 2 competitors registered, or will be moved down to the next age group. Sr. Women (60+) will remain in their age groups regardless of number of competitors registered.
 - c) The NHPEC should consider the age group of the competitors when setting a program for seniors.
 - d) Suggested events are as follows and constitute the Track & Field All Around. Choose 4 of the 6 events including a run/walk, a jump and a throw:
50 meter Dash (30-39), 50 meter Run/Walk (40+), Standing Long Jump,
Hurl Ball, Softball Distance Throw (30+), Shot Put (8 lbs. 30-59; 6 lbs 60+)

SECTION I – UNIT 6 SWIMMING and DIVING

1. The rules of the current AAU swimming guide shall govern all competition in these events, except where noted in the National Turnfest rules. The swimmer must be able to swim the required distance without stopping and by using proper technique.
2. There shall be five (5) swimming events for Jr. and Active Men and Women, and three (3) events for Senior Men, Senior Women, and Youth.
3. All swimming events will be run against time, therefore age groups of same distance and stroke may be run together, no matter what gender. There will be no preliminary events.
4. The NHPEC will announce the type and length of pool to be available at least six (6) months prior to the date of competition.
5. Events for pools 25 meters/yards in length:

YOUTH BOYS & GIRLS (6-9, 10-13) and
SENIOR MEN & WOMEN (30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79, 80+)

25 m Free Style
25 m Breaststroke
25 m Back Stroke

JR. BOYS & GIRLS (14-17) and
ACTIVE MEN & WOMEN (18-23, 24-29)

50 m Free Style
100 m Free Style
50 m Breaststroke
50 m Back Stroke
50 m Butterfly

6. Each contestant may enter any three (3) individual events (from lists above) and both relays (Special events).
NOTE: Three (3) individual events shall be interpreted as any three (3) swimming events, or two (2) swimming events and diving.
7. Sr. Men and Women (30-59) must have a minimum of 2 competitors registered, or will be moved down to the next age group. Sr. Men and Women (60+) will remain in their age groups regardless of number of competitors registered.
8. DIVING
 - a) There shall be two (2) compulsory and one (1) optional dives by participants competing in age groups identical to those for swimming competitions.
 - b) All dives will be performed from a one (1) meter board.
 - c) The compulsory dives will be: #101 – front dives and #201 – back dives.
 - d) The optional dive must be different from the compulsory dives
 - e) In the event the pool area does not have a diving area with adequate pool depth or a 1m board, diving will not be offered at that particular Turnfest.

SECTION I – UNIT 7 VOLLEYBALL

At American Turner National Turnfests the volleyball competition shall be indoor volleyball as governed by USA Volleyball rules (with the following modifications), with the provision that the NHPEC in cooperation with the Local Technical Committee may make changes to suit local conditions. When possible, Turnfest competition will be in the form of a round robin followed by single elimination if time and facilities permit.

1. Societies are required to submit a roster form with a maximum of 8 players for each team being entered.
2. Teams are permitted to participate with only five (5) players, and in the event of injury(s), a team may continue with a minimum of four (4) players (open position(s) to be center back (and left back if also needed)).
3. The team uniform shall be matching shirts with numbers for each player. Libero shirts must be contrasting color.
4. In men's competition women may be part of the team.
5. **Men's division**– Actives+ (All ages - 14 & up – using a 7' 11 5/8" net height)
Divide the Women's competition into 2 divisions – Juniors (11-17) and Actives+ (14+) – both using a 7' 4 1/8" net height.
6. In addition to the above divisions, a **Co-ed** competition will have 3 divisions: 11-17, 18+ and a Senior Division (50+ for women and 55+ for men). Both the 11-17 and 18+ divisions will use a 7' 11 5/8" net height and the Senior Co-ed division will use a 7' 9 5/8" net height. Each team must have a minimum of 2 male and 2 female players on the court and all players must rotate positions.
7. It is permissible for a person to play in more than one division, as long as the two divisions do not overlap court time.
Examples: A 55 year old man can play in the Actives+ division, the Co-ed 18+ and Co-ed Seniors division.

A 45 year old woman may play on the Men's Active+ division, in the Women's Active+ division and Co-ed 18+ division.

8. Societies must fill their own team(s) with **8 players** before any players of that society are allowed to play on a conglomerate team.

For Turner Societies unable to field a **complete team of 8 players**, teams composed of players from 2 or more Societies may be formed with permission of the NHPE Chairperson or the National Volleyball Coordinator. (Conglomerate District teams should be formed first, then conglomerate teams from any other district) This is to permit individuals from Societies having low numbers of Turnfest participants to participate in volleyball. (However, individual players may play on only one team per division.)

9. A society may enter more than one team per division, provided there are more than 2 teams in that division. If there are only 2 teams in a division, the teams must be from different societies. If there is only 1 full team and 1 conglomerate team, players in the conglomerate team cannot compete against their own society.
10. USA Volleyball rules govern all situations not covered by the above. This includes - rally scoring in all games with 2 point difference required to win a game (except where indicated otherwise), Libero player may be used in any competition, unlimited individual substitution (12 max team subs) permitted, and a let service is a good. (Exception: "continuous" rotation using 7 or 8 players may be used – if requested in advance and followed throughout an entire game.)
11. Society points will be awarded in each "division" as follows:
- 1st – 60 pts, 2nd – 54 pts, 3rd – 48 pts, (etc – decreasing 6 points per place),
 - If less than 6 players on a team, then points reduced accordingly, and
 - If a team has players from several Societies, the Society points for that team will be prorated among the Societies, according to each Societies' percent of participation.
12. Volleyball Formats:
- 2 teams in a division: It is recommended having one match; best 3 out of 5; 25 point rally scoring games 1-4 (and 15 points for the 5th game if needed).
 - 3 teams in a division: Pool play; One 25 point rally scoring, no cap; 30 minute time limit game per match; 3 matches in pool play, followed by playoff where 3rd vs 2nd in best 2 of 3 (21, 21, 15) followed by winner vs 1st in best 2 of 3 (21, 21, 15 if needed). (approx. 3 - 3 ½ hours)
 - 4 teams in a division: Pool play; round robin; One 25 point rally scoring, no cap; 30 minute time limit game per match. 6 matches in pool play (on 2 courts), followed by playoff where 3rd vs 2nd and 4th vs 1st in best 2 of 3 (21, 21, 15), followed by winners playing for 1st and 2nd in best 2 of 3 (21, 21, 15 if needed) and losers playing in consolation match for 3rd and 4th (One 25 point no cap game). (approx 3 ½ - 4 hours)
 - 5 teams in a division: Pool play; full round robin (10 matches) on 2 courts; One 25 point rally scoring, 27 point cap; 25 minute time limit on the pool play matches. Play offs limited to top 4 teams with 1st vs 2nd for 1st & 2nd place and 3rd vs 4th for 3rd & 4th place (both best 2 of 3, all 15 points, 17 cap on first two, no cap on deciding game). (3 ½ - 4 hours)
 - 6 teams in a division: It is recommended dividing into 2 pools of 3 teams each and playing a mini round robin within each pool; One 30 point rally scoring game to constitute a match, between each of the 3 teams within each pool, to be followed by a playoff between the pools where pool A 3rd place plays pool B 2nd place (and B2 vs A3) followed by A1 playing winner of the 1st match and B1 playing winner of M2. These are followed by winners of M3 and M4 playing for 1st and 2nd place and losers playing for 3rd and 4th place. All of the playoff matches could be best 2 of 3; 15 point rally scoring games. If a 30 minute time limit is imposed on pool play matches, the total time would be approximately 3 -3 ½ hours.

- f. 7 teams in a division: Pool play only. Full round robin (21 matches); needs 3 courts; One 30 point rally scoring game per match (30 minute time limit but must win by 2 points). No playoffs, except in case of ties for 1st, 2nd and/or 3rd places, which requires one 15 point game to decide final position. (approx. 3 ½ - 4 hours)
 - g. 1 team in a division: No play, or possibly have exhibition match(es) with closest similar division.
 - h. Tie Breaking:
 1. Where all tied teams can still advance to 1st place. Use results of head-to-head match(es) to determine playoff position. If 3-way tie, then use total differential scores. If still tied then flip coin.
 2. Where lesser of teams would be excluded from playoffs or advance to higher position. A single 15 point game (no cap) to break two-way tie.
 3. Projected times stated above excludes additional 20 minutes per 15 point tie breaker.
13. For assistance in finding players or teams, contact the National Volleyball Coordinator or NHPE Chairperson.

SECTION I – UNIT 8

PICKLE BALL

General Information

1. Refer to the Supplemental Handbook for complete rules and regulations.
2. USAPA rules shall govern, except as amended by the NHPEC.
3. Societies are required to submit a roster form for each team being entered.
4. The Pickleball facilities shall meet acceptable standards. The surface shall be smooth and marked accordingly.
5. The judge is responsible for seeing that the event is correctly executed, and for declaring a foul when necessary.
6. Each Society may enter as many Pickleball teams as they like.
7. Each participant must be at least 14 years old.
8. Teams will consist of two players, any gender. No specific uniform required.
9. Players must provide their own paddle. (balls will be provided by the Turnfest committee)
10. Age groups: 14-17, 18-29, 30-49, 50-69 and 70+
11. A competitor may play in a younger age group with a player in that younger age group. No player is allowed to play in an older age group.
12. Games played to 11 points, with a win by 2 points. Format will be based on number of teams entered.

SECTION I – UNIT 9

SPECIAL EVENTS

General Information

1. There will be competition offered in special events, as determined by the NHPEC for each Turnfest. Suggested events are:

a) Tumbling	f) 400 meter Run (60+)
b) Rhythmic Gymnastics	g) Swimming Relays
c) 5 kilometer Run	h) Running Relays
d) 1500 meter Run (14-29)	i) Golf
e) 800 meter Run (10-13 & 30-59)	

2. A minimum of six (6) entries per event must be received in advance of the Turnfest, in order to conduct a special event. This minimum requirement may be reduced by agreement between the Chairperson of the NHPEC and the Local Technical Committee.
Notice of Special Event cancellations shall be forwarded to Societies concerned as soon as possible after the Turnfest entry deadline has passed.

The NHPEC shall name the events to be competed and is authorized to add events to those named, of which, however, only two (2) may be introduced at any Turnfest. These events shall be published six (6) months prior to the date of the Turnfest.

Guide for Special Events

3. TUMBLING

- a) When Tumbling is included in the Turnfest program, information concerning competition will be included in the Turnfest Supplemental Handbook.
- b) A spring strip mat of 60 feet by 6 feet and 4 inches thick (approx.) dimensions shall be provided. If not available, a spring floor exercise mat may be used. The Local Technical Committee shall include the type of equipment available for this event at least six (6) months prior to the competition.
- c) One optional routine consisting of two (2) passes. One primarily backward and one primarily a mixed sequence, with one flight element per pass, shall constitute a complete routine.
- d) The rules of USAG shall govern this event, except as described in this rulebook. It shall be judged by a qualified judge (2 judges if available) on the basis of one (1) to ten (10) points.
- e) Age groupings as follows: 6-13, 14-29 and 30+

4. RHYTHMIC GYMNASTICS

- a) When Rhythmic gymnastics is included in the Turnfest program, information concerning competition will be included in the Turnfest Supplemental Handbook.
- b) Age groups shall be 6-13, 14-29 and 30+.

5. DISTANCE RUNS

- a) For distance runs – 400 meters (60+), 800 meters (10-13 & 30-59), 1500 meters (14-29) and 5K (10-13, 14-29, 30+), refer to section on rules for Track & Field.
- b) The Special Event Distance Runs shall be done with the Relays after the regular Track & Field events are done.

6. GOLF (rules for one-day tournament)

- a) Each golfer must furnish his/her own equipment, including balls.
- b) Minimum age of any player shall be 14 years old.
- c) Four-person scramble, mixed foursomes, any gender, ages 14+. Players shall play from the appropriate tee box.
- d) Shotgun start.
- e) The tournament shall be played a minimum of eighteen (18) holes.
- f) The team having the lowest medal score for 18 holes shall be declared the winner of the Turnfest tournament.
- g) In the case of a tie for first place, a sudden death play-off shall decide the winner.
- h) An umpire or referee shall decide on any breach of rules that he/she may observe, whether or not an appeal has been made.
- i) All rules not covered here shall be according to the U.S. Golf Association rules.

****OR****

7. GOLF (rules for three-day tournament)
- a) Each golfer must furnish his/her own equipment, including balls.
 - b) Flights will be determined by the Local Turnfest Committee and the National Golf Chairperson, dependent upon the number of entries.
 - c) The first two day's scores will determine which flight the golfer will be placed in, and those combined scores will be added to the last day's scores to determine flight winners. There will be a minimum of two winners in each flight.
 - d) There should be a maximum of thirty (30) golfers per flight in the Men's Division, except in championship flight. The number shall be determined by the National Golf Chairperson.
 - e) Senior Men's Division (55+) has a minimum of two flights allowed. If a Senior man wishes to play in the Men's Division, he may do so.
 - f) Super Senior Men's Division (65+) has one flight. This Division will only play 9 holes per day. If a Super Senior man wishes to play in the Senior or Men's Division, he may do so.
 - g) Women's Division has a minimum of three flights. Number in the Championship flight will be determined by the National Golf Chairperson.
 - h) Senior Women's Division (55+) has one flight. This Division will only play 9 holes per day. If a Senior lady wished to play in the Women's Division, she may do so.
 - i) There will be a team championship composed of four men or four women from the same Society. These members, in each division (Men's, Senior Men's, & Women's only, unless entries in other divisions warrant the addition of additional team trophies) will be determined by the four lowest golfers scores in each division and within a Society at the end of the tournament.
 - j) Team trophies for team championships will be a traveling trophy awarded to the Society. Individual trophies can be awarded for team competition.
 - k) The medalist trophy should be awarded to the man and woman, senior man, super senior man and senior woman who have the lowest score on the first day of competition.
 - l) The Local Turnfest Committee will designate certain holes for the longest drive and closest to the pin on the first day of competition only. Trophies will be awarded for each division.
 - m) All ties will be broken by a sudden death play-off. If this is not possible, the following procedure will apply: in case of ties for medalist, team or flight winners, a regulation deck of playing cards using only the ace through 9 of a black suit and red suit will be shuffled and placed face down. One card will be drawn by a member of the rules committee. This card denotes the hole on which to begin the playoff and working up until the tie has been resolved. (Black cards denote the first nine and red cards denote the second nine.)
 - n) There will not be any "gimme" puts. All puts will be holed out.
 - o) An umpire or referee shall decide on any breach of rules that he/she may observe, whether or not an appeal has been made.
 - p) All rules not covered here shall be according to the U.S. Golf Association rules.
 - q) It is suggested that the tournament be held on one golf course if possible.

8. SWIMMING RELAYS

- a) Each Society may enter one (1) men's and one (1) women's relay team in each class of competition, e.g. (6-13 Youth), (14-29 Jrs. & Actives) and (30+ Srs.).
- b) Four Youth boys or four Youth girls (6-13) comprise the 100 m Free Style Relay. Four Jr./Active boys or four Jr./Active girls (14-29) comprise the 200 m Free Style Relay. Four Senior men or four Senior women (30+) comprise the 100 m Free Style Relay.
- d) Three Youth boys or three Youth girls (6-13) comprise the 75 m Medley Relay. Four Jr./Active boys or four Jr./Active girls (14-29) comprise the 100 m Medley Relay. Three Senior men or three Senior women (30+) comprise the 75 Medley Relay.

- e) In all relay races each competitor swims an equal distance. *The over 60 age group may be subdivided into older age divisions if enough participation permits.
- f) A lane is to be provided for each team.
- g) Contestants may compete on both the Medley and Freestyle swimming relay teams.
- h) A minimum of two teams must be entered and ready to compete in each class swimming relay race, in order to hold the competition and receive points and awards.
- i) Contestants registered on the official Entry forms determine the number of available swimmers in any one class or competition. If four (4) or more are listed (entered), those contestants (at least four (4)) must comprise the relay team for that class. E.g. Actives may not compete on Junior or Senior teams. Seniors may complete the minimum number (4) on an incomplete Active or Junior relay team. E.g. A Society having two (2) Actives competing, and desiring to enter a relay team may compete by adding only two (2) Seniors to complete a four (4) man/woman team.
- j) When a Society cannot field a relay team, they may combine boys and girls, or men and women on the same relay team provided they are within the same age group. That Society can only have one team in that age group. This combined relay team can only compete as a boys' or men's team.
- k) 75 m Medley Relay order is as follows: Back stroke, Breast stroke, Freestyle.
- l) In the event that a Society does not have enough swimmers to field a Relay, a District Relay may be formed. A District Relay must be registered prior to the start of the National Turnfest, following all registration guidelines.

9. RUNNING RELAYS

- a) Each Society may enter one (1) men's and one (1) women's relay team in each class of competition, e.g. (6-13 Youth), (14-29 Jrs. & Actives) and (30+ Srs.).
- b) A 400 meter relay team shall consist of four (4) runners, each person to run 100 meters.
- c) The relay shall be straight-a-way (continuous) around the track. The NHPEC may make changes in regard to the number on a team, type of race, or distance, should local conditions warrant same. These shall be made public six (6) months prior to the Turnfest.
- d) A lane is to be provided for each team. Each team furnishes its own baton.
- e) Contestants may compete in only one (1) running relay.
- f) A minimum of two (2) teams must be entered and ready to compete in each class running relay race, in order to hold the competition and receive points and awards.
- g) Contestants registered in Track and Field on Official Entry forms determine the number of available runners in any one (1) class of competition. If four (4) or more are listed (entered), those contestants (at least four (4)) must comprise the relay team for that class. E.g. Actives may not compete on Junior or Senior teams. Seniors may complete the minimum number (4) on an incomplete Active or Junior relay team. E.g. A Society having two (2) Actives competing, and desiring to enter a relay team, must compete by adding only two (2) Senior to complete its four (4) man/woman team
- h) In the event that a Society does not have enough runners to field a Relay, a District Relay may be formed. A District Relay must be registered prior to the start of the National Turnfest, following all registration guidelines.
- i) The relays shall be run after the regular Track & Field events are completed.

SECTION II
METHOD OF ACCOUNTING POINTS FOR SOCIETY, INDIVIDUAL AND SPECIAL EVENTS

Scoring for all Events is as follows:

First place	10 points
Second place . . .	9 points
Third place	8 points
Fourth place . . .	7 points
Fifth place	6 points
Sixth place	5 points
Seventh place . .	4 points
Eighth place . . .	3 points
Ninth place	2 points
Tenth place	1 point

SECTION II – UNIT 1
GYMNASTIC SCORING

1. Upon recommendation of the NHPEC the above scoring table is to be used in tabulating Society and individual points.
2. To reduce confusion, all routines in all age groups and levels will be judged on a scale of ten (10) points for each exercise, except men ages 6-29 will be judged based on current USAG scoring.
3. For individual points, a gymnast's score for each event is to be totaled and becomes the individual All-Around gymnastic score. This score is to determine individual awards in each of the age groups and levels. The All-Around score does not earn Society points.
4. Each individual event for a gymnast that earns 1st thru 10th place shall earn Society points according to the table above.

EXAMPLE: A gymnast scores 8.2 on Beam; 5th place, 8.8 on Bars; 3rd place, 7.1 on Vault; 10th place and 9.0 on Floor; 2nd place. The gymnast's total All-Around Gymnastic score is 33.10, which will determine an All-Around place in her age group and level. This place/score does not earn Society points. However, 5th place earns 6 points, 3rd place earns 8 points, 10th place earns 1 point and 2nd place earns 9 points (according to the table on page 32), for a total of 24 Society points.

A gymnast may compete in only 1 or 2 events and still earn Society points if he/she places in the top ten. However, by not competing in the required amount of events for all-around, the gymnast will not earn the participation point.

SECTION II – UNIT 2
TRACK & FIELD SCORING

1. Upon recommendation of the NHPEC the above scoring table is to be used in tabulating Society and individual points.
2. For individual points the competitor's score for each event is to be totaled and become the All-Around Track & Field score. This score is to determine individual awards in each of the age groups. The All-Around score does not earn Society points.

3. Each individual event for a competitor that earns 1st thru 10th place shall earn Society points according to the table above.

EXAMPLE: A competitor places 5th in Shot Put, 1st in Standing Long Jump, 2nd in Dash and 5th in Hurl Ball for a total of 31 points (according to the table on page 32). The 31 points is used to determine the All-Around place in the competitor's age group. The competitor has earned 31 Society points.

A competitor may compete in only 1 or 2 events and still earn Society points if he/she places in the top ten. However, by not competing in the required amount of events for all-around, the competitor will not earn the participation point.

SECTION II – UNIT 3 NATIONAL GOLF & NATIONAL SOFTBALL TOURNAMENT SCORING

1. When the National Golf Tournament and/or National Softball Tournament are held in conjunction with the National Turnfest, all participants for Golf and/or Softball will earn one participation point to be added towards their Society points for the National Turnfest.
2. Participants for Golf will also earn Society points based on their award received in their tournament, according to the table on page 32.
3. Softball teams will earn Society points based on their place earned as follows: 1st – 60 points, 2nd – 54 points, 3rd – 48 points (etc. – decreasing 6 points per place). If a team has players from several societies, the Society points for that team will be prorated among the Societies according to each Societies' percent of participation.

SECTION III RULES GOVERNING INDIVIDUAL COMPETITION

SECTION III – UNIT 1 JUMPING EVENTS

1. **RUNNING LONG JUMP**
 - a) Each contestant shall be allowed two (2) jumps, of which the best shall be recorded.
 - b) The competitor may not cross the edge of the take off board nearest the landing area (pit). An impression made on the ground in front of the take off board constitutes a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.
 - c) The pit landing must be made with both feet simultaneously. Running through the pit, or landing with feet separately is a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.
 - d) The jump is measured from the nearest impression in the pit made by any part of the jumper's body to the take off board at a right angle with the length of the board. The tape measure distance is read at the edge of the take off board.
 - e) Two (2) trials must be taken in rotation.
2. **STANDING LONG JUMP**
 - a) The ground in front of the take off board is to be excavated to a depth of 2 inches to permit a toe hold. The board is to be at least 8 inches wide and 2 feet long.
 - b) Both feet must leave the take off board simultaneously and land in the pit simultaneously. If not, the jump is a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.

- c) Rules for measuring the running long jump shall also govern the standing long jump. The two (2) trials must be taken consecutively.

3. **STANDING TWO STEP JUMP**

- a) Two (2) jumps shall be permitted, of which the best one shall count. The jumps may be taken in rotation.
- b) Rules regarding the take off board in the running long jump shall govern this event. However the distance from the take off board to the pit must be adjusted to suit this event.
- c) Either foot shall be positioned at the take off point, with the opposite foot swinging free from the take off board. Step or leap forward onto the suspended foot. Step or leap forward onto the take off foot. Step or leap forward from the second step and land in the pit on both feet simultaneously. Sequence from take off is step-step-jump. (EXAMPLE: Left foot take off, right foot landing, left foot landing and jump with both feet landing in pit.)
- d) Rules for measuring or the same as for the running long jump.

**SECTION III – UNIT 2
THROWING EVENTS**

1. **HURL BALL**

- a) The ball dimensions shall be as follows:
 - Weight.....3.3 to 3.5 lbs. (1.5 to 1.6Kg)
 - Loop length.....11 inches (28 cm,)
 - Loop width.....1 inch (2.54cm.)
- b) The throw shall be free style from a stand or run, with or without turn.
- c) Overstepping or stepping on the scratch (throwing) line with any part of the body constitutes a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.
- d) A ball hitting the boundary line on the first ground contact is a valid throw. A ball landing outside the boundary line on the first ground contact is a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.
- e) Two (2) consecutive trials will be taken and the best throw will be recorded. Each throw shall be marked by a judge with a distance marker, and the best throw measured.
- f) The distance of the throw shall be measured from the nearest impression of the ball's contact to the ground from the center of the throwing line. The field shall be laid out as a wedge with a sixty(60) degree arc extending outward establishing the fair ground area.

2. **SOFTBALL (12") DISTANCE THROW**

- a) Two (2) consecutive trials shall be permitted. Each throw shall be marked by a judge with a distant marker, and the best throw measured.
- b) The throw will be free style, with or without a run, from behind a scratch (throwing) line, into a 30 foot wide lane.
- c) Over stepping or stepping on the scratch (throwing) line with any part of the body constitutes a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.
- d) The distance of the throw shall be measured from the nearest impression of the ball's contact to the ground at a right angle of the scratch (throwing) line. A ball landing outside the boundary line on the first ground contact is a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN

3. **SHOT PUT**

- a) A sixteen (16) pound iron shot shall be used for Active Men. A twelve (12) pound iron shot shall be used for Junior Boys and Senior Men (30-59). An eight (8) pound shot shall be used for Youth boys (10-13), Active Women, Senior Women (30-59) and Senior Men (60+). A six (6) pound iron shot shall be used for Youth Girls (10-13) and Senior Women (60+).
- b) The Put shall take place from within a circle, the inside diameter of which is seven (7) feet (2.13

meters).

- c) Stepping on the edge of the circle, on top or across the toe board or outside of the circle before the put is marked shall constitute a FOUL and a trial. NO MEASUREMENT IS TO BE TAKEN.
- d) The Put shall be measured from the nearest impression, back towards the center of the circle, reading the distance to the inner edge of the toe board and recorded.
- f) Two (2) consecutive Puts shall be permitted, and marked by the judge with distant markers. The longest Put shall be measured and recorded.
- g) The shot must be held in close proximity to the competitor's chin, and should not be dropped below this position while putting.
- h) The field shall be laid out as a wedge with a sixty (60) degree arc starting at the center of the seven (7) foot put circle extending outward establishing the fair ground area.

SECTION III – UNIT 3 RUNNING EVENTS

1. DASHES, WALK/RUN (100m and 50m)
 - a) The track shall be a regulation size track, divided equally into six lanes.
 - b) Experienced timers shall time each runner.
 - c) A qualified, certified starter shall start all races. A second false start by the same runner shall disqualify that competitor. All races must be started with a starter gun or a whistle. (Due to inaccuracy, a drop of the arm or a vocal start is not allowed.)
 - d) A Judge shall be designated to observe and detect lane violations. Competitors must remain in his/her assigned lane through the finish line.
 - e) Distance and times are determined by age group.
 - f) Contestants competing in the Walk/Run event may run or jog the entire distance, combine running and walking, or walk only.
2. MIDDLE DISTANCE RUNS (400m, 800m and 1500m)
 - a) A qualified starter shall start the race. One experienced timer is needed for the race. Adults are needed to count laps for runners and assist the timer at the end of the race to record the place of runners as they cross the finish line.
 - b) The runners shall start with either a "stagger start" or a "waterfall start".
 - i. Stagger start has 2 runners per lane starting at the stagger start lines on the track. Runners must stay in their designated lane until completing the 1st turn on the track (approx. 100m). At that point all runners may move to the inside lane. Moving sooner results in a disqualification of that runner.
 - ii. Waterfall start has all runners starting side by side. The start line is on an angle across the lanes. The runner in the outside lane is approximately 2m ahead of the runner on the very inside lane. Runners may move to the inside lane right after the sound of the gun. When moving to the inside lane, tripping another runner shall result in a disqualification.
 - c) When the runners cross the finish line they are to be kept in order until the correct place is recorded for each runner by the Official.
3. FIVE KILOMETER (5K) RUN
 - a) The course shall be measured and laid out in an appropriate area, by Local Turnfest Committee.
 - b) Permission to lay out the course and block traffic, where necessary, shall be obtained from the local Police Department.
 - c) The run shall be scheduled at a time when automobiles and pedestrian traffic is apt to be at a minimum.

- d) The 5K run will be contested by three (3) groups for Men and three (3) groups for Women. (10-13, 14-29 & 30+) All groups will run in the same race.
- e) Electronic timing will be used and be provided by a professional timing company. That company shall provide an event coordinator on race day, chip timers/bibs and any other equipment needed for the 5k event.

PART IV EQUIPMENT AND FORMS

SECTION I FACILITY, EQUIPMENT AND PERSONNEL REQUIREMENTS

It is suggested that an AED be available at every event. If the venues do not have an AED, then the host society can purchase the device by utilizing the AED Equipment Grant offered by the Endowment Trust Fund.

SECTION I – UNIT 1 GYMNASTICS

In all groups of competition –Chalk, First Aid Kit, Score Cards for each event per gymnast, Squad Leaders – one (1) for every twelve (12) gymnasts, P.A. system - necessary to make general announcements.

WOMEN: The ideal situation is to have two (2) of every piece of apparatus. (42'x42' Floor Exercise Mat, Uneven Bars, Balance Beams, Vaulting Tables, Mat stacks, Spring Boards and a Pommel Horse for Sr. Women) Enough safety mats and landing mats to surround each piece of apparatus. Warm-up shall be timed on a rotating basis for all events. Stop watches and timers are required at Balance Beams to time routines. A sound system shall be provided for music for Floor Exercises. One USAG certified judge for each of the four (4) events in all levels. For Senior competition, one (1) qualified Turner judge is allowed at each event, however it is recommended that USAG certified judges are used.

MEN: The ideal situation is to have two (2) of every piece of apparatus. (42'x42' Floor Exercise Mat, Rings, Parallel Bars, Horizontal Bar, Pommel Horse, Vaulting Table and Spring Boards) Enough safety mats and landing mats to surround each piece of apparatus. Warm-up shall be timed on a rotating basis for all events. One USAG certified judge for each of the six (6) events in all levels. For Senior competition, one (1) qualified Turner judge is allowed at each event, however it is recommended that USAG certified judges are used.

RHYTHMIC GYMNASTIC REQUIREMENTS

A 42'x42' Floor Exercise Mat, one (1) timer and stop watch, a P.A. system for music and one (1) qualified judge are to be provided. The gymnast is to furnish his/her own rhythmic hand apparatus and music.

SECTION I – UNIT 2 TRACK AND FIELD

OVERALL AT SITE

Plenty of water, cups, ice, first aid equipment, tarp or tent for shade, cot, blanket, sheet. Should have an RN, Dr. or EMT on site. Pencils, score sheets, clipboards and rule sheets for each event.

JUMPING EVENTS – Requirements for each pit.

Standing Long jump, Running Long Jump and Standing Two Step Jump

EQUIPMENT:

Metric measuring tape
Rake
Whisk Broom
Regulation Pit

PERSONNEL:

1 to measure at board
1 to mark from last impression
1 to record distances
1 to rake

HURL BALL

EQUIPMENT:

3 Hurl Balls
3 Markers for landing point
Metric measuring tape
Chalk or something to mark boundary lines

PERSONNEL:

1 to mark impression and measure
1 to measure at starting line
1 to record distances

**Competitors should be in field to retrieve balls after they have competed.

SHOT PUT

Same as Hurl Ball except 16 lb., 12 lb., 8 lb. and 6 lb. Iron Shot

SOFTBALL DISTANCE THROW

Same as Hurl Ball except 3 - 12" Softballs

RUNNING EVENTS – all running events require a starting gun with blanks and a whistle (to be used if gun malfunctions).

DASHES, WALK/RUN

EQUIPMENT:

Starter gun & whistle
4-6 Stop watches
4-6 measured straight lanes

PERSONNEL:

1 to start runners
1 timer per lane with stopwatch
1 to record times
1 to watch for foul & lane violations

MIDDLE DISTANCE RUNS (400m, 800m & 1500m)

EQUIPMENT:

400m Track
Starter gun & whistle
1 Stop watch

PERSONNEL:

1 to start runners
1 to watch for fouls & lane violations
1 timer
1 for each runner to count laps
1 to record places/times
2-3 adults at end of race to keep runners in proper order according to finish until recorded

5K RUN

EQUIPMENT:

Properly laid out course
Water and cups
Fruit at end of race (preferably oranges)

PERSONNEL:

4-6 adults to be stationed throughout the course and supervise the water stations
1-2 people to assist the timing company

A 5k timing company to provide timing equipment, bibs and recording of runner's times and places.

RELAY RACES – team must supply their own baton

EQUIPMENT:

4 Stop watches
4 Lanes marked with exchange zones

PERSONNEL:

1 to start race
1 to judge fouls & lane violations
1 timer per lane
1 to record times

SECTION I – UNIT 3 DIVING AND SWIMMING

DIVING

EQUIPMENT:

One (1) meter diving board
Sound system
Degree of difficulty book
Table and chairs
Numbered flash cards: zero (0) to ten (10) in .5 increments (0.5, 1.5, 2.5 etc.)
Master score sheet for score keeper

PERSONNEL:

One Judge (2 if possible)
Announcer
Two (2) Score keepers

- i. Computer should have each competitor with each of the two (2) compulsory dive/degree of difficulty ____ x score ____ = ____ total.
- ii. Computer should have one optional dive listed, degree of difficulty ____ x score ____ = ____ total.
- iii. The combined total ____.

Awards should be presented in the pool area at the conclusion of the diving competition for each age group.

SWIMMING

EQUIPMENT:

Sound system
Lane markers for the pool
Whistle
Table and chairs
Eight (8) to twelve (12) stop watches
Two (2) starter guns with blank shells
(If available an audible buzzer may be used)

PERSONNEL:

Announcer
Official Starter
One timer per lane (2 if possible)
Judge for lane violations

Awards should be presented in the pool area at the conclusion of the competition.

**** Event Supervisor or Assistant should announce each event (swimming and diving). A NHPEC representative should work with the Local Event Supervisor. The Local Event Supervisor is responsible to obtain all necessary workers, equipment, watches, etc. to run the events. He/she should get necessary score sheets, pencils, etc., including awards prior to the events.**

SECTION I – UNIT 4 VOLLEYBALL

PERSONNEL:

Tournament Director – Either National VB Coordinator or experienced local host Society VB Chairperson. Responsible for establishing formats for each of the division's tournaments, providing on site supervision, and assisting in officiating and/or scoring. The Tournament Director is also responsible for reporting results and awarding trophies.

Site Coordinator – Responsible for obtaining site (minimum 2, but possibly 3 or 4 courts). These courts should have a minimum of 6 feet of playing area on both sides and ends of each court with preferably 9 feet

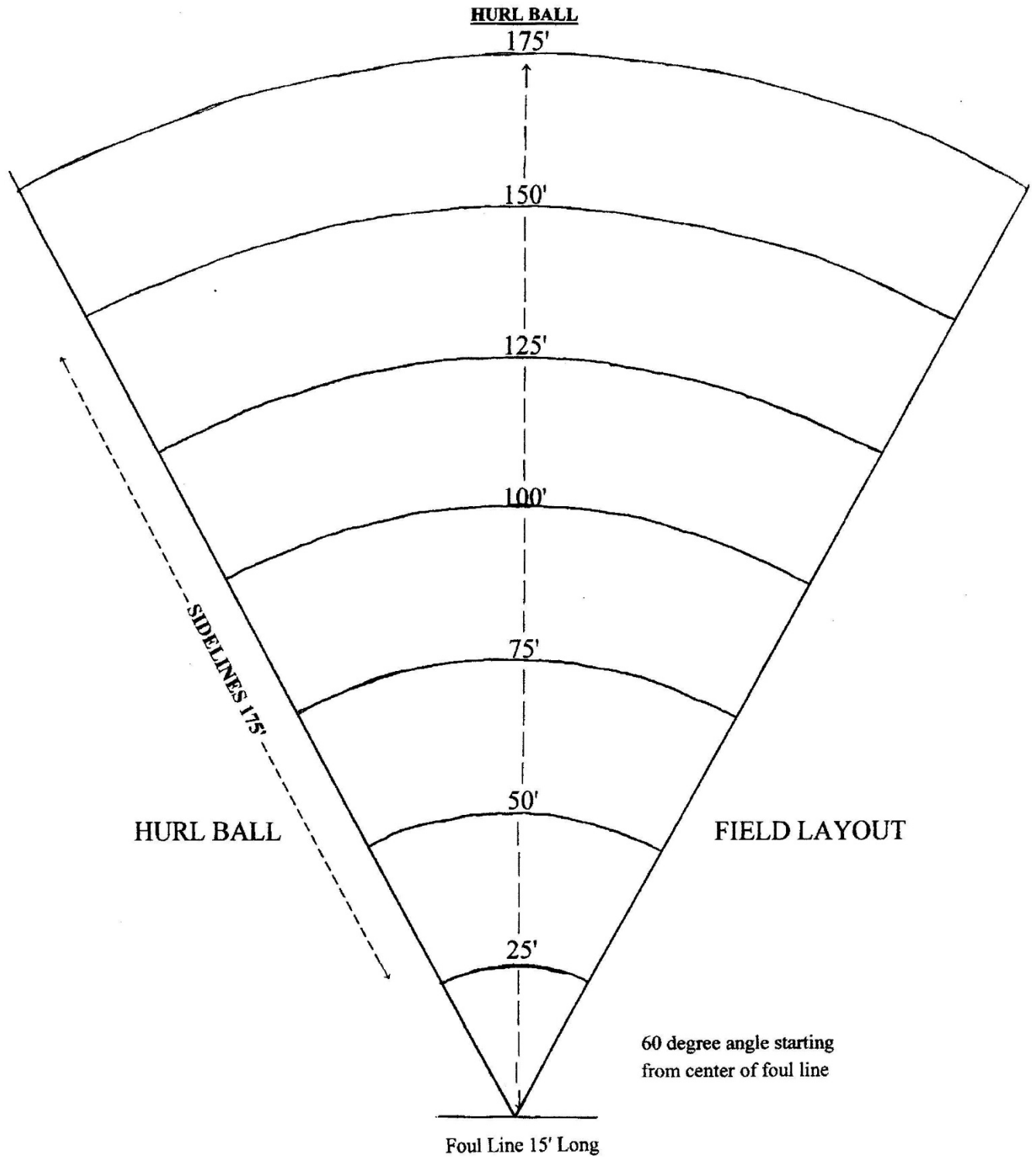
behind the courts and 12 foot separation between adjacent courts. There should be 23 feet minimum ceiling height, free from obstructions. Desired minimum dimensions are 85' long by 72' wide with a minimum ceiling height of 23'. This means without fixed basketball backboards. With fixed basketball backboards, there should be at least 80' between the backboards (and at least 65' between fixed crosscourt backboards). The Site coordinator is also responsible for obtaining (hiring or finding volunteer) qualified officials and scorers for all matches. (Some of the Societies may have such personnel, but they should come from different divisions, so that they can play in their own division.)

EQUIPMENT:

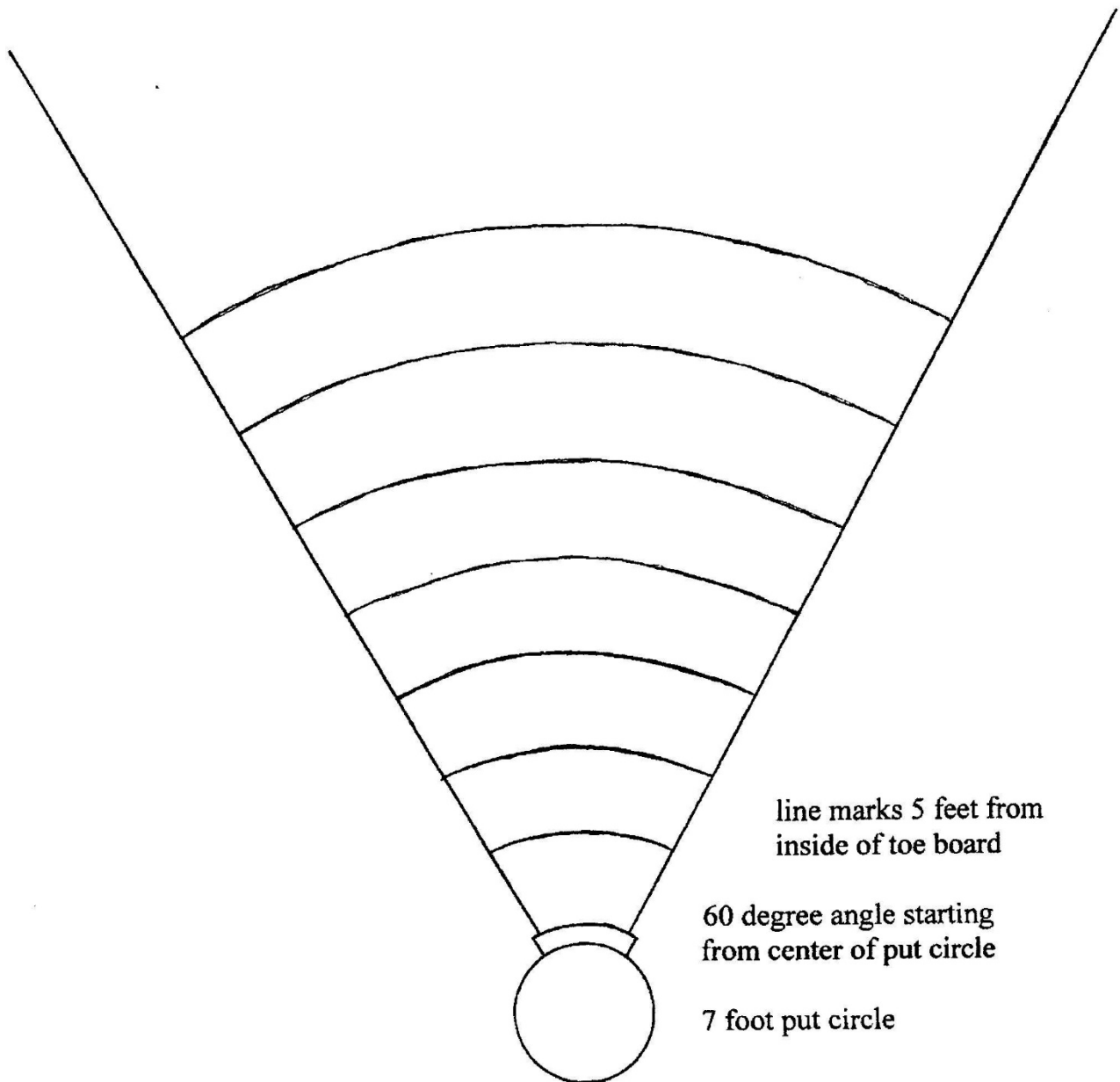
Competition volleyball nets with steel cables and antennae, capable of being set at the various heights needed (7' 11 5/8", 7' 9 5/8", 7' 4 1/8" and 7' 2 1/8") for the different divisions are required. Adequate padding of the poles is also required, along with referees stands, scoring tables and visual scoring devices (flip scorers) for each court.

Also needed are schedules, score sheets, line up sheets, and volleyballs (preferably Tachikara SV5WG or equivalent). It is recommended that medical coverage should be available on site. A copy of the current USA Volleyball rule book should be available for reference.

SECTION II DIAGRAMS



SHOT PUT



(logo)

American Turners 53rd National Turnfest

Entry # _____
(OFFICIAL USE ONLY)

Society of American Turners, Somewhere, USA

DATE, 2011

(SAMPLE) Official *INDIVIDUAL* Registration Form (to be completed on-line)

PRINT ALL:

Name: _____ Society _____
Last First M Turner Society

Address: _____
Street City State Zip

() _____
Phone # Date of Birth Age Nat. Turner Card #

E-mail address _____

_____ List Allergies/Medical Problems/Current Medications

_____ () _____
Person to Notify in Emergency Phone # Relationship

➤ REGISTERING FOR: (CHECK Appropriate Categories Below)

- ATHLETIC COMPETITOR: ☐ \$40.00 Fee T-SHIRT: (Circle Appropriate Size) \$ _____
- CULTURAL COMPETITOR: ☐ \$10.00 Fee ADULT T-SHIRT S M L XL XXL
YOUTH T-SHIRT S M L
- SPECTATOR: ☐ \$10.00 Fee (spectator age 12 & under is free)
☐ Worker ☐ Senior M/W Gymnastic Judge

☐ BANQUET, Youth, \$ _____ ☐ BANQUET, Adult, \$ _____ ☐ Friday Night Entertainment, \$ _____

☐ **LATE FEE:** 44-35 days prior @ \$20.00 **NO EXCEPTIONS!** (**deadline date**) NO REGISTRATION
WILL BE ACCEPTED AFTER THIS DATE, AS ALL AWARDS MUST BE PURCHASED IN ADVANCE!

➤ Waiver & Release of All Claims

I, the undersigned, knowingly aware of the risk of possible injury during physical competitions, hereby release the American Turners, its Officers, employees or any volunteer workers, from all losses or any injury(s) that may be sustained by myself or my minor child, while participating in any of the events, activities and/or programs during the 53rd American Turners National Turnfest. I authorize providing medical care/treatment as deemed necessary for myself or my minor child, by professional medical personnel arising during participation in the National Turnfest activities, and will assume responsibility for payment of any and all medical services rendered on our behalf.

Signature of Participating Adult/Guardian _____ Date _____

➤ ALL CULTURAL ENTRIES: See Cultural Entry Form and classifications

➤ ATHLETIC EVENTS ENTERING:

I Will Compete in ALL Events in ONE of the following AGE GROUPS: Please circle one!

- | | | | | |
|-----------------|-----------------|-----------------|-----------------|-----------------|
| A. 6-9 Youth | B. 10-13 Youth | C. 14-17 Junior | D. 18-23 Active | E. 24-29 Active |
| F. 30-39 Senior | G. 40-49 Senior | H. 50-59 Senior | I. 60-64 Senior | J. 65-69 Senior |
| | K. 70-74 Senior | L. 75-79 Senior | M. 80+ Senior | |

☐ Please check if you are competing outside of your age group. Refer to Part II, Article 2, #9 (page 17).

ATHLETIC EVENTS of AMERICAN TURNERS for the NATIONAL TURNFEST

NOTE: FOR COMPETITIVE RULES FOR EACH EVENT, PLEASE REFER TO THE NATIONAL TURNFEST RULEBOOK!

- **Registration Deadlines:** . **NOTHING ACCEPTED AFTER 35 DAYS PRIOR!**
- NO registration will be accepted unless the waiver is signed and fees are paid. Please complete all the information regarding competitor, spectator, clothing size and banquet fees.

GYMNASTICS(see complete rules in the National Turnfest Rules book and Supplemental Handbook)

Competition Levels: **6-29 only** Women – Levels 3-10 or Xcel Bronze, Silver, Gold, Platinum, Diamond, Sapphire

Men – J.O. Levels 4,5,6,7,8,9,10

Note: there are no levels of difficulty in the Senior Divisions, both Men and Women.

WOMEN (maximum of 4 choices)

Vault	All Ages
Uneven Bars	All Ages
Floor Exercise	All Ages
High Beam	All Ages
Low Beam	30+
Pommel Horse	50+
Rhythmic exercise, Optional	60+
(Max. 1 min. - Rope, Ball, Ribbon, Clubs or Hoop)	

MEN (only 4 choices 30+)

Vault	All Ages
High Bar	All Ages
Still Rings	All Ages
Floor Exercise	All Ages
Pommel Horse	All Ages
Parallel Bars	All Ages
2 nd Optional on ONE event	60+

TRACK & FIELD (maximum of 4 choices) Must include a jump, run & throw for All-around requirements.

WOMEN (Four Events)

50 M Dash	6-9
100 M Dash	10-29
Shot Put, 6 lb.	10-13
Shot Put, 8 lb.	14-29
Running Long Jump	10-29
Standing Long Jump	6-29
Hurl Ball	10-29
Softball Distance Throw	6-9

MEN (Four Events)

50 M Dash	6-9
100 M Dash	10-29
Shot Put, 8 lb.	10-13
Shot Put, 12 lb.	14-17
Shot Put, 16 lb.	18-29
Running Long Jump	10-29
Standing Long Jump	6-29
Hurl Ball	10-29
Softball Distance Throw	6-9

SENIOR TRACK & FIELD (maximum of 4 choices) Must include a jump, run & throw for All-around requirements.

WOMEN (Four Events)

Standing Long Jump	30+
Shot Put, 8 lb.	30-59
Shot Put, 6 lb.	60+
Hurl Ball	30+
Softball Distance Throw	30+
50 M Dash	30-39
50 M Run/Walk	40+

MEN (Four Events)

Standing Long Jump	30+
Shot Put, 12 lb.	30-59
Shot Put, 8 lb.	60+
Hurl Ball	30+
Softball Distance Throw	30+
50 M Dash	30-39
50 M Run/Walk	40+

PICKLEBALL: (mixed – no gender requirements)

Pickleball	14-17
Pickleball	18-29
Pickleball	30-49
Pickleball	50-69
Pickleball	70+

See additional Entry Form/Roster, which must also be submitted

SPECIAL EVENTS:

WOMEN		MEN	
400 M Run	60+	400 M Run	60+
800 M Run	10-13,30-59	800 M Run	10-13,30-59
1500 M Run	14-29	1500 M Run	14-29
5K Run	10-13	5K Run	10-13
5K Run	14-29	5K Run	14-29
5K Run	30+	5K Run	30+
Golf *	14+	Golf *	14+
Tumbling	6-13	Tumbling	6-13
Tumbling	14-29	Tumbling	14-29
Tumbling	30+	Tumbling	30+
4x100 M Running Relay *	6-13	4x100 M Running Relay *	6-13
4x100 M Running Relay *	14-29	4x100 M Running Relay *	14-29
4x100 M Running Relay *	30+	4x100 M Running Relay *	30+
75 M Medley Relay (3) *	6-13	75 M Medley Relay (3) *	6-13
75 M Medley Relay (3) *	30+	75 M Medley Relay (3) *	30+
100 M Medley Relay (4) *	14-29	100 M Medley Relay (4) *	14-29
100 M Free Style Relay (4) *	6-13	100 M Free Style Relay (4) *	6-13
100 M Free Style Relay (4) *	30+	100 M Free Style Relay (4) *	30+
200 M Free Style Relay (4) *	14-29	200 M Free Style Relay (4) *	14-29
Rhythmic, <i>Women ONLY</i> 7-13: choose one: Ball, Ribbon, Rope, Clubs, Hoop			
Rhythmic, <i>Women ONLY</i> 14-29: choose one: Ball, Ribbon, Rope, Clubs, Hoop			
Rhythmic, <i>Women ONLY</i> 30+: choose one: Ball, Ribbon, Rope, Clubs, Hoop			
* Relays and Golf... (all ages) See additional Entry Form/Roster, which must also be submitted			

SWIMMING & DIVING:

WOMEN		MEN	
25 M Free Style	6-13	25 M Free Style	6-13
25 M Free Style	30+	25 M Free Style	30+
25 M. Breast Stroke	6-13	25 M Breast Stroke	6-13
25 M Breast Stroke	30+	25 M Breast Stroke	30+
25 M Back Stroke	6-13	25 M Back Stroke	6-13
25 M Back Stroke	30+	25 M Back Stroke	30+
50 M Free Style	14-29	50 M Free Style	14-29
50 M Breast Stroke	14-29	50 M Breast Stroke	14-29
50 M Back Stroke	14-29	50 M Back Stroke	14-29
50 M Butterfly Stroke	14-29	50 M Butterfly Stroke	14-29
100 M Free Style	14-29	100 M Free Style	14-29
Diving	All Ages	Diving	All Ages

VOLLEYBALL:

WOMEN		MEN	
Junior Women	11-17	Active+ Men	14+
Active+ Women	14+		

Co-ed 11-17

Co-ed 18+

Co-ed Senior (50+ for women and 55+ for men)

See additional Volleyball Team Roster Form for listing name of Society and Team members.

<u>DRILLS:</u>	Marching & Mass Drill	6+
	Model Drill	6+

SAMPLE ROSTERS

AMERICAN TURNERS TURNFEST TRACK RELAY ROSTER

SOCIETY _____

Runners may only compete with their own gender and age groups. Each Society may enter one (1) men's and one (1) women's relay team in each class of competition, e.g. (6-13 Youth), (14-29 Jrs. & Actives) and (30+ Srs.). For exceptions refer to page 31 #9g of the Turnfest Rulebook.

4 x 100 Meter Relay (age groups 6-13, 14-29 & 30+)

	Name	Age Group	Gender
1			
2			
3			
4			
A			
A			

E-mail completed Roster to NHPE Chair or National Office

Additional forms can be filled out if more relay teams are entering, per rules on page 31 of the Turnfest Rulebook
(revised 2026)

AMERICAN TURNERS TURNFEST SWIMMING RELAY ROSTER

SOCIETY _____

Swimmers may only compete with their own gender and age groups. Each Society may enter one (1) men's and one (1) women's relay team in each class of competition, e.g. (6-13 Youth), (14-29 Jrs. & Actives) and (30+ Srs.). For exceptions refer to page 31 #8 i & j of the Turnfest Rulebook(revised 2025).

75 Meter Medley Relay (age groups 6-13 & 30+)

	Name	Age Group	Gender
1			
2			
3			
A			
A			

100 Meter Medley Relay (age group 14-29 only)

	Name	Age Group	Gender
1			
2			
3			
4			
A			
A			

100 Meter Freestyle Relay (age groups 6-13 & 30+)

	Name	Age Group	Gender
1			
2			
3			
4			
A			
A			

200 Meter Freestyle Relay (age group 14-29 only)

	Name	Age Group	Gender
1			
2			
3			
4			
A			
A			

E-mail completed Roster to NHPE Chair or National Office

Additional forms can be filled out if more relay teams are entering, per rules on page 31 of the Turnfest Rulebook (revised 2025).

AMERICAN TURNERS TURNFEST GOLF REGISTRATION

Four person scramble, mixed foursomes, any gender, ages 14+. Players shall play from the appropriate tee box. Complete rules can be found on page 29 #6 of the Turnfest Rulebook (revised 2026).

SOCIETY _____

	Name	Age	Gender
1			
2			
3			
4			

	Name	Age	Gender
1			
2			
3			
4			

	Name	Age	Gender
1			
2			
3			
4			

	Name	Age	Gender
1			
2			
3			
4			

Check here if looking for a Foursome: _____

My e-mail address is: _____

E-mail completed Roster to NHPE Chair or National Office

There is no limit to the amount of Golf teams entered per Society. Additional forms can be filled out if more teams are entering.

AMERICAN TURNERS TURNFEST GOLF REGISTRATION (3-day event)

SOCIETY _____

GOLFER'S NAME _____

DIVISION: Men Women Sr. Men Sr. Women Super Sr. Men
(circle one)

AVERAGE SCORE _____

ENTRY FEE PAID _____
(includes Golf course fee, Cart, Golf banquet, Golf awards)

AMERICAN TURNERS TURNFEST PICKLEBALL REGISTRATION

Teams will consist of two players, any gender. **Age groups 14-17, 18-29, 30-49, 50-69 and 70+**
A competitor can play in a younger age group, but cannot play in an older age group. Refer to Page 28 of the Turnfest Rulebook (revised 2026) and page 6 of the Supplemental Handbook (2026) for complete rules.

SOCIETY _____

	Name	Age Group	Gender
1			
2			

	Name	Age Group	Gender
1			
2			

	Name	Age Group	Gender
1			
2			

	Name	Age Group	Gender
1			
2			

	Name	Age Group	Gender
1			
2			

	Name	Age Group	Gender
1			
2			

E-mail completed Roster to NHPE Chair or National Office

There is no limit to the amount of Pickleball teams entered per Society. Additional forms can be filled out if more teams are entering.

AMERICAN TURNERS TURNFEST VOLLEYBALL TEAM ROSTER

Team Name:

Captain Name:

Society/District/Conglomerate:

Division (check as needed):

Jr. W(11-17) ____ Active+ W(14+) ____ Active+ M(14+) ____

Co-Ed (11-17) ____ Co-Ed (18+) ____ Co-Ed Sr. (W 50+ & M 55+) ____

	Name	d.o.b.	Society	Phone No.	E-mail Address (or mailing address if no email available)
1					
2					
3					
4					
5					
6					
7					
8					
Mngr					

Check here if: Looking for a Player ____ **(or) Looking for a Team** ____

E-mail completed Roster to NHPE Chair or National Office

Additional forms can be filled out if more teams are entering, per rules on pages 26-28 of the Turnfest Rulebook (revised 2026).